

Down Right Dirty

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Justine Shuttleworth (AUS)
音樂: Dirty, Dirty Feelin' - Ruthie And The Wranglers



- & Scoot forward on left hitching right knee
1&2 Step forward right, step left next to right, step forward right, (shuffle)
& Scoot back on right hitching left knee
3 Step back on left foot
& Scoot forward on left hitching right knee
4&5 Step forward right, step left next to right, step forward right, (shuffle)
& Scoot back on right hitching left knee
6 Step back on left foot
& Scoot forward on left hitching right knee
7&8 Step forward right, step left next to right, step forward right, (shuffle)
- & Step forward on left turning ½ turn right
1 Touch right heel forward
& Step right foot forward (where right heel is placed)
2&3 Step forward on left foot, step right foot next to left, step forward left (shuffle)
&4 Step right foot to right side, touch left toe to left side
&5 Step left foot to left (where left toe is placed), cross right over left
&6 Step left foot to left, touch right toe to right side,
& Step right foot to right side (where right toe is placed),
7&8 Cross left foot over right, step right to right side, cross left over right, (shuffle)
- &1 Turn ¼ turn left, step back on right foot
&2 Turn ¼ turn left, step forward on left foot
&3 Turn ¼ turn left, step back on right foot
These last 3 beats should make a box-like configuration
4 Rock back on left foot
5 Step forward on right foot
&6 Turn ½ turn right, step back on left foot,
&7 Turn ½ turn right, step forward on right foot
8 Step forward on left and turn ¼ turn right
- 1-5 Twist both heels left swinging hips left, twist both heels right swinging hips right, twist both heels left swinging hips left, twist both heels right swinging hips right, twist both heels left swinging hips left and turning ¼ turn right, (throw hands with heels at waist level, palms down and on the 5th beat point fingers toward the new wall-these hand movements are optional).
6-8 Hold, roll hips to the left for 2 beats (or this can be replaced with a body roll or hold for 2 extra beats)

REPEAT