Down On The Beach

級數: Intermediate

編舞者: Bud Martin (USA) & Diane Martin (USA)

音樂: Love Me, Love Me - The Dean Brothers

SIDE STEP, PUSH PIVOT, COASTER STEP, FORWARD STEP, SYNCOPATED SIDE ROCK STEP, CROSS, SYNCOPATED SIDE ROCK STEP

- 1-2 Step to the right on right foot; push off on right foot and pivot ¼ turn to the right on ball of left foot
- 3&4 Step back on right foot; step left foot next to right; step forward on right foot
- 5 Step forward on left foot
- 6& Step forward and diagonally to the right on right foot; rock onto left foot in place
- 7 Cross right foot in front of left
- 8& Step forward and diagonally to the left on left foot; rock onto right foot in place

CROSS, VINE RIGHT WITH ¼ TURN, TO THE RIGHT ROLLING TURN, ROCK STEP

- 9-10 Cross left foot over right and step; step to the right on right foot
- 11-12 Cross left foot behind right and step; step a ¼ turn to the right on right foot
- 13-14 Step forward on left foot and begin a full rolling turn to the right traveling forward; step on right foot and complete full rolling turn to the right
- 15-16 Step forward on left foot; rock back onto right foot

SYNCOPATED JUMP BACKS, TURNING JAZZ SQUARE, CROSS

- 17& Jump back on left foot; jump back on right foot about shoulder width apart from left
- 18& Jump back on left foot; jump back on right foot about shoulder width apart from left
- 19& Jump back on left foot; jump back on right foot about shoulder width apart from left
- 20 Jump back on left foot
- 21-22 Cross right foot over left and step; step back on left foot
- 23-24 Step a ¼ turn to the right on right foot; cross left foot over right and step

SYNCOPATED VINE RIGHT, SIDE STEP, BEHIND, PIVOT, FORWARD SHUFFLE

- 25-26 Step to the right on right foot; cross left foot behind right and step
- & Step to the right on right foot
- 27-28 Cross left foot over right and step; step to the right on right foot
- 29-30 Step to the left on left foot; cross right foot behind left and step
- & Pivot ¼ turn to the left on ball of right foot
- 31&32 Shuffle forward (left, right, left)

REPEAT





拍數: 32

牆數:2