Down By The Sea

拍數: 32

級數: Beginner

編舞者: Hazel Meade (UK)

音樂: Under the Boardwalk - The Drifters

WALKS, SHUFFLE, ROCK, FULL TURN

- 1-2 Walk forward on right, left
- 3&4 Step forward on right, close left next to right, step forward right
- 5-6 Rock forward on left, back onto right
- 7&8 Spin one full turn over left shoulder on left, right, left

ROCK, TRIPLE ½ TURNS, ROCK

- 1-2 Rock forward on right, back onto left
- 3&4 Triple 1/2 turn over right shoulder on right, left, right traveling backwards
- 5&6 Triple ¹/₂ turn over left shoulder on left, right, left
- 7-8 Rock back on right, forward onto left

SIDE ROCKS & CROSSES, ROLLING VINE

- 1&2 Rock to side right, weight back onto left, cross right over left
- 3&4 Rock to side left, weight back onto right, cross left over right
- 5-6 Step ¹/₄ to right, step ¹/₂ over left shoulder with weight ending on left
- 7-8 Turn ¹/₂ over right shoulder, place left next to right

KICK-BALL POINTS, HEEL SWITCHES

- 1&2 Kick right foot forward, place right next to left, point left toe to side
- 3&4 Kick left foot forward, place left next to right, point right toe to side
- 5&6 Touch right heel forward, bring right back to place, touch left heel forward
- Bring left back to place, turn 1/4 to right touching right heel forward, bring right back to place, &7&8 bring left next to right

REPEAT





牆數: 2