

# Down At The Twist And Shout

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Improver  
編舞者: DJ Dan (NL) & Wynette Miller (NL)  
音樂: Down At the Twist and Shout - Mary Chapin Carpenter



## KICK, TOGETHER, KICK, TOGETHER, SWIVEL TO LEFT

1-2      Kick right forward, step right next to left  
3-4      Kick left forward, step left next to right  
5-6      Swivel heels to left, swivel toes to left  
7-8      Swivel heels to left, swivel toes to center

## KICK, TOGETHER, KICK, TOGETHER, SWIVEL TO RIGHT

9-10      Kick left forward, step left next to right  
11-12      Kick right forward, step right next to left  
13-14      Swivel heels to right, swivel toes to right  
15-16      Swivel heels to right, swivel toes to center

## HEEL SPLIT, TOE SPLIT, RIGHT ROCK STEP, STOMP, HOLD

17-18      Swivel heels out, swivel heels in  
19-20      Swivel toes out and lift toes up, swivel toes in and drop  
21-22      Rock right forward, recover weight on left  
23-24      Stomp right next to left, hold

## HEEL SPLIT, TOE SPLIT, LEFT ROCK STEP, STOMP, HOLD

25-26      Swivel heels out, swivel heels in  
27-28      Swivel toes out and lift toes up, swivel toes in and drop  
29-30      Rock left forward, recover weight on right  
31-32      Stomp left next to right, hold

## ROCKING CHAIR, STEP, HITCH ¼ TURN LEFT, STEP, HITCH ¼ TURN LEFT

33-34      Rock right forward, recover weight on left  
35-36      Rock right back, recover weight on left  
37-38      Step right forward, make on ball of right ¼ turn left and hitch left  
39-40      Step left forward, make on ball of left ¼ turn left and hitch right

## VINE RIGHT, SCUFF, VINE LEFT, SCUFF

41-42      Step right to side, cross left behind right  
43-44      Step right to side, scuff left forward  
45-46      Step left to side, cross right behind left  
47-48      Step left to side, scuff right forward

## CROSS ROCK, SIDE, HOLD, TWICE

49-50      Rock right across left, recover weight on left  
51-52      Step right to side, hold  
53-54      Rock left across right, recover weight on right  
55-56      Step left to side, hold

## ROCKS, HOLD, TWICE

57-58      Rock right forward, rock left back  
59-60      Rock right forward, hold  
61-62      Rock left forward, rock right back

63-64

Rock left forward, hold

**REPEAT**

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