

Double Whip (P)

拍數: 32 牆數: 0 級數: Partner
編舞者: Renegade Rich & Debi Krajcsovics (USA)
音樂: Let It Whip - Dazz Band



Position: Man standing directly behind lady, holding hands at shoulder height, facing ILOD
This dance was adapted from the Line dance, Cool Whip, choreographed by Judy McDonald

RIGHT SIDE STEP, LEFT BEHIND, RIGHT SIDE STEP, LEFT HEEL, LEFT STEP BACK, RIGHT CROSS

1-2 Step right to side, step left behind right
&3 Step right to side, touch left heel forward
&4 Step left back, step right across in front of left

LEFT STEP SIDE, RIGHT HEEL, RIGHT STEP BACK, LEFT CROSS, RIGHT STEP SIDE

5-6 Step left to side, touch right heel forward
&7 Step right back, step left across in front of right
8-1 Step right to side, step left behind right

LEFT BEHIND, RIGHT STEP SIDE, LEFT HEEL, LEFT STEP BACK, RIGHT CROSS, LEFT STEP

&2 Step right to side, touch left heel forward
&3 Step left back, step right across in front of left
4 Step left beside right

TWIST BOTH HEELS LEFT, RIGHT, MAKE ¼ TURN RIGHT, TOUCH RIGHT

5-6 Twist both heels left, twist both heels right
7-8 Step side left as you turn ¼ turn right, touch right toe forward

You should be facing line of dance in reverse cape position, man on right

STEP RIGHT FORWARD, LEFT TOGETHER, STEP RIGHT FORWARD, TOUCH LEFT

1-2 Step forward on right foot, step left foot next to right
3-4 Step forward on right foot, touch left foot next to right

STEP LEFT BACK, TOUCH RIGHT, HOLD, STEP ON RIGHT FOOT, STEP FORWARD ON LEFT

5-6 Step back on left foot, touch right toe forward
7&8 Hold for count three, step right foot next to left, step forward on left foot

Still in reverse cape position, on a diagonal

STEP FORWARD ON RIGHT, LOCK STEP LEFT BEHIND, STEP FORWARD ON RIGHT, TOUCH LEFT

1-2 Step forward 1:00 on right foot, lock step left foot behind right
3-4 Step forward 1:00 on right foot, touch left foot next to right

STEP FORWARD ON LEFT, LOCK STEP RIGHT BEHIND, STEP ¼ TURN LEFT ON LEFT FOOT, TOUCH RIGHT

5-6 Step forward 11:00 on left foot, lock step right foot behind left
7-8 Make ¼ turn left on left foot, touch right foot next to left

You should now be facing inside of dance with arms at shoulders in the same position that you started at

REPEAT