

Double Vision

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Lisa B. Martin
音樂: Eyes Like Yours - Shakira



MAMBO FORWARD, COASTER CROSS, ROCK & CROSS, ½ TURN

1&2 Rock right foot forward, recover on left, step right beside left
3&4 Step left behind right, step right to right side, cross left over right
5&6 Rock right to right side, step left beside right, cross right over left
7-8 Making ½ turn right, step back on left, right

MAMBO FORWARD, COASTER CROSS, ROCK & CROSS, ½ TURN

1&2 Rock forward on left, recover on right, step left beside right
3&4 Step right behind left, step left to left side, cross right over left
5&6 Rock left to left side, step right beside left, cross left over right
7-8 Making ½ turn left, step back on right, left

SHUFFLE FORWARD, ROCK STEP, BACK SHUFFLE, BACK ROCK STEP

1&2 Step forward on right, step left beside right, step forward right
3-4 Rock forward on left, recover on right
5&6 Step back on left, step right beside left, step back left
7-8 Rock back on right, recover on left

ROCK STEP, ROGER RABBITS, BACK ROCK STEP, SIDE ROCK TOUCH

1-2 Rock forward on right, recover on left
&3&4 Scoot back on left, step right behind left, scoot back on left, step left behind right
5-6 Rock back on right, recover on left
7&8 Rock right to right side, recover on left, touch right beside left

SHIMMY STEPS, HIPS ROLLS TWICE

1&2 Shimmy body while stepping right foot to right side, step left beside right
3&4 Move your hips round in to the left movement
5&6 Shimmy body while stepping right foot to right side, step left beside right
7&8 Move your hips round in to the left movement

CROSS ROCK, SIDE SHUFFLE, WEAVE

1-2 Cross rock left over right, recover on right
3&4 Step left to left side, step right beside left, step left to left side
5-6 Cross right over left, step left to left side
7&8 Step right behind left, step left to left side, cross right over left

SHIMMY STEPS, HIPS ROLLS TWICE

1&2 Shimmy body while stepping left to left side, step right beside left
3&4 Move your hips round in to the left movement
5&6 Shimmy body while stepping left to left side, step right beside left
7&8 Move your hips round in to the left movement

CROSS ROCK, SIDE SHUFFLE, WEAVE, UNWIND ½ TURN

1-2 Cross rock right over left, recover on left
3&4 Step right to right side, step left beside right, step right to right side
5-6 Cross left over right, step right to right side

7-8 Step left behind right, unwind $\frac{1}{2}$ turn left putting the weight on the left foot

REPEAT

TAG 1

At the end of the 2nd wall perform this 16 count tag

STEP TOUCHES, PADDLE $\frac{1}{2}$ TURN

1-2 Step right to right side, touch left beside right
3-4 Step left to left side, touch right beside left
5-6 Step forward on right, turn $\frac{1}{4}$ left, putting weight on left
7-8 Step forward on right, turn $\frac{1}{4}$ left, putting weight on left

STEP TOUCHES, PADDLE $\frac{1}{2}$ TURN

1-2 Step right to right side, touch left beside right
3-4 Step left to left side, touch right beside left
5-6 Step forward on right, turn $\frac{1}{4}$ left, putting weight on left
7-8 Step forward on right, turn $\frac{1}{4}$ left, putting weight on left

TAG 2

At the end of the 5th wall add 4 hip bumps

HIPS BUMPS

1-2 Hip bumps right, left
3-4 Hip bumps right, left
