

Double Tulsa Shuffle (P)

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 0 級數: Partner
編舞者: Johnny Montana (USA)
音樂: The Tulsa Shuffle - The Tractors



TOE-HEEL STRUT STEPS

- 1-2 Touch right toe forward, lower right heel to floor
- 3-4 Touch left toe forward, lower left heel to floor
- 5-6 Touch right toe forward, lower right heel to floor
- 7-8 Touch left toe forward, lower left heel to floor

SUGARFOOT (SWIVEL STEPS) RIGHT, LEFT, RIGHT, LEFT

- 9-10 Step forward on right with toe pointed in and heel out, swivel on right sole to bring right heel in while stepping forward onto left with toe pointed in and heel out
- 11-12 Swivel on left sole to bring left heel in while stepping forward onto right with toe pointed in and heel out, swivel on right sole to bring right heel in while stepping forward onto left with toe pointed in

SKIP BACKWARDS

- &13 Lift right knee and scoot back on left foot, step down onto right foot
- &14 Lift left knee and scoot back on right foot, step down onto left foot
- &15 Lift right knee and scoot back on left foot, step down onto right foot
- &16 Lift left knee and scoot back on right foot, step down onto left foot

STEP, SLIDE, STEP, SLIDE

- 17-20 Take a long step diagonally (45 degrees) right forward onto right foot, slide left foot up next to right, hold three beats.

The long step can be a flea hop diagonally making it an &17. The slide may take up as much of the three beats as the individual desires

- 21-24 Take a long step diagonally (45 degrees) left forward onto left foot, slide right foot up next to left, hold three beats

The long step can be a flea hop diagonally making it an &21. The slide may take up as much of the three beats as the individual desires

½ MONTEREY SPIN

- 25-26 Touch right toe to right side (man will touch behind lady), pivot ½ turn to right (to the right) on sole of left foot and step down on right foot next to left

You will now be in reverse side by side man's left hand by ladies left shoulder and right hand in front of man's chest

- 27-28 Touch left toe to left side (man will touch behind lady), step left foot next to right

STEP, TURN/TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH

- 29-30 Step right foot forward, pivot ½ turn left (to the left) and touch left toe to left side (lady will touch in front of man)

You will now be back in forward side by side

- 31-32 Step left foot forward crossing in front of right, touch right toe to right side (man will touch behind lady)

- 33-34 Step right foot forward crossing in front of left, touch left toe to left side (lady will touch in front of man)

- 35-36 Step left foot backward crossing behind right, touch right toe to right side (man will touch behind lady)

SHUFFLE, SHUFFLE, STEP, TURN

- 37&38 Shuffle forward right, left, right
39&40 Shuffle forward left, right, left
41-42 Step forward onto right foot, pivoting on soles of both feet make a ½ turn to left and transfer weight to left

Man will drop right hands, pick up left hands forming an arch and go under that arch as the turn is made. On the next set of shuffles maintain the left hand hold towards the front of the lady.

SHUFFLE, SHUFFLE, STEP, TURN

- 43&44 Shuffle forward right, left, right
45&46 Shuffle forward left, right, left
47-48 Step forward onto right foot, pivoting on soles of both feet make a ½ turn to left and transfer weight to left

Man will pick up left hands forming an arch and the lady will go under that arch as the turn is made. The couple will then make the right hand hold back to sweetheart

REPEAT
