

Double Trouble

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Mary Kelly (UK)
音樂: Young Blood - Livin' In The Streets



RIGHT SYNCOPATED VINE, HALF MONTEREY TURN, STOMP, KICK

1-2 Step right on right, step left behind right
& Step right on right
3-4 Step left across right, step right on right
5 Point left to left
6 Pivot half turn left on ball of right foot, putting weight straight onto left
7-8 Stomp right beside left, kick right forward

STEP BACK, CROSS, UNWIND, CLAP, SYNC. JUMP BACK, PAUSE, HEEL BOUNCES

9-10 Step back on right, cross left over right
11-12 Unwind half turn to right, pause for one beat with two claps
&13 Step back on right, step left beside right but slightly apart
14 Pause for one beat, slapping both hands flat against hip bones (elbows out)
15-16 With hands still flat on hips, raise and lower both heels from floor twice

LEFT SYNCOPATED VINE, HALF MONTEREY TURN, STOMP, KICK

17-18 Step left on left, step right behind left
& Step left on left
19-20 Step right across left, step left on left
21 Point right to right
22 Pivot half turn right on ball of left foot, putting weight straight onto right
23-24 Stomp left beside right, kick left forward

STEP BACK, CROSS, UNWIND, CLAP, SYNC. JUMP BACK, PAUSE, HEEL BOUNCES

25-26 Step back on left, cross right over left
27-28 Unwind half turn to left, pause for one beat with two claps
&29 Step back on right, step left beside right but slightly apart
30-32 Repeat counts 14-16

RIGHT KICK, KICK, BALL CROSS, KICK, BALL CROSS, KICK, COASTER STEP

33-34 Kick right foot forward twice
&35 Step on ball of right foot beside left, cross left over right
36 Kick right forward
&37 Step on ball of right foot beside left, cross left over right
38 Kick right forward
39&40 Step back on right, close left beside right, angling body slightly to left, step forward on right foot diagonally to left

LEFT KICK, KICK, BALL CROSS, KICK, BALL CROSS, KICK, COASTER STEP

41-42 Kick left foot forward twice
&43 Step on ball of left foot beside right, cross right over left
44 Kick left forward
&45 Step on ball of left foot beside right, cross right over left
46 Kick left forward
47&48 Step back on left, close right beside left, angling body slightly to right, step forward on left foot diagonally to right

FULL TURN RIGHT WITH KICK, HEEL JACKS

49-51 Make a full turn to right on a right, left, right
52 Kick left across right
&53 Step back on left, tap right heel forward
&54 Step right back in place, touch left beside right
&55&56 Repeat counts &53, &54

FULL TURN LEFT WITH KICK, HEEL JACKS WITH QUARTER TURN

57-59 Make a full turn to left on a left, right, left
60 Kick right across left
&61 Step back on right, tap left heel forward
&62 Step left back in place, touch right beside left
&63 Step back on right, tap left heel forward
&64 Step left back in place making quarter turn to left, touch right beside left

REPEAT
