

Double Trouble

拍數: 64 牆數: 2 級數: Improver
編舞者: Bob Theobald (UK)
音樂: Poor Jenny - The Nashville Allstars



FORWARD RIGHT SHUFFLE, ½ PIVOT TURN RIGHT, PENDULUM STEP, CLAP TWICE

1&2 Step right foot forward, close left beside right, step right foot forward
3-4 Step forward on left foot, on balls of both feet pivot ½ turn right
5&6& Touch left foot to left side, place left foot beside right, touch
7 Right foot to right side, place right foot beside left, touch left foot to left side &
&8 Clap hands twice

FORWARD RIGHT SHUFFLE, ½ PIVOT TURN LEFT PENDULUM STEPS, CLAP TWICE

9&10 Step left foot forward, close right beside left, step left foot forward
11-12 Step forward on right foot, on balls of both feet pivot ½ turn left
13&14 Touch right foot to right side, place right foot beside left
&15 Touch left foot to left side, place left foot beside right, touch right foot to right side
&16 Clap hands twice

FORWARD RIGHT SHUFFLE, ½ TURN RIGHT TRIPLE STEP, COASTER STEP WALK RIGHT, LEFT

17&18 Step forward on right foot, close left beside right, step forward on right foot
19&20 Triple step ½ turn right, stepping left, right, left, moving backward
21&22 Step back on right foot, place left beside right, step forward on right foot
23-24 Walk forward left foot, right foot

FORWARD LEFT SHUFFLE, ½ TURN LEFT TRIPLE STEP, COASTER STEP WALK RIGHT, LEFT

25&26 Step forward on left foot, close right beside left, step forward on left foot
27&28 Triple step ½ turn left stepping right, left, right, moving backward
29&30 Step back on left foot, place right beside left, step forward on left foot
31-32 Walk forward right foot, left foot

HEEL SWITCHES, ¼ TURN LEFT, SAILOR STEPS TWICE

33&34 Touch right heel forward, place right foot beside left, touch left heel forward
&35 Place left foot beside right, step right foot forward
36 On balls of both feet pivot ¼ turn left
37&38 Cross right foot behind left, place left beside right, place right slightly to right of left foot
39&40 Cross left foot behind right, place right foot beside left, place left foot slightly to left of right foot

HEEL SWITCHES, ¼ TURN LEFT, SAILOR STEPS TWICE

41&42 Touch right heel forward, place right beside left, touch left heel forward
&43 Place left foot beside right, step right foot forward
44 On balls of both feet pivot ¼ turn left
45&46 Cross right foot behind left, place left beside right, place right foot slightly to right of left foot
47&48 Cross left foot behind right, place right foot beside left, place left foot slightly to left of right foot

GRAPEVINE RIGHT, GRAPEVINE LEFT, WALK BACK, TOUCH

49-52 Step right foot to right side, cross left foot behind right, step right foot to right side, touch left foot beside right foot
53-56 Step left foot to left side, cross right foot behind left step left foot to left side, touch right foot beside left foot

WALK BACK, STEP, SLIDE, STEP, STOMP

57-60 Walk backward on right, left, right touch left beside right

61-64 Step forward on left foot, slide right next to left, step forward on left foot, touch right foot next to left foot

REPEAT
