

# Double Trouble

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Darla Peters (USA)  
音樂: Baby Likes to Rock It - The Tractors



## CROSS STRUTS (FORWARD):

- 1            Cross right foot over left foot
- 2            Hold
- 3            Cross left foot over right foot
- 4            Hold
- 5            Cross right foot over left foot
- 6            Hold
- 7            Cross left foot over right foot
- 8            Hold

## ROCK STEPS WITH PIVOTS:

- 9            Rock right foot forward while raising left heel
- 10           Drop left heel
- 11           Rock right foot backwards while raising left heel
- 12           Drop left heel
- 13           Step right foot forward
- 14           Turn ½ turn to the left, shift weight to left foot (anchor)
- 15-16       Repeat steps 13-14

## SHIMMIES

- 17           Step right foot to right
- 18           Hold (shimmy shoulders)
- 19           Touch left foot next to right foot
- 20           Hold
- 21           Step left foot to left
- 22           Hold (shimmy shoulders)
- 23           Rock right foot back while raising left heel
- 24           Drop left heel

## HEEL DIGS (½ TURN TO THE RIGHT):

- 25           Place right heel forward pointing right toe towards 11:00 and swivel right toe towards 1:00
- 26           Step in place with left foot
- 27           Step back on right toe at 11:00 and swivel right toe towards 3:00 while turning ¼ to the right.
- 28           Step left foot next to right foot (approximately 4")
- 29-32       Repeat steps 25-28

## WEAVING VINE WITH CHASSE:

- 33           Cross right foot over left foot
- 34           Step left foot to left
- 35           Cross right foot behind left foot
- 36           Step left foot to left
- 37           Cross right foot over left foot (on beat 37), and bring left foot up to right of right foot (on '&' before beat 38)
- 38           Step right foot to left approximately 4" (on beat 38), and bring left foot up to right of right foot (on '&' before beat 39)
- 39           Step right foot to the left approximately 4"

- 40 Brush left foot forward
- 41 Cross left foot over right foot
- 42 Step right foot to right
- 43 Cross left foot behind right foot
- 44 Step right foot to right
- 45 Cross left foot over right foot (on beat 45), and bring right foot up to left of left foot (on '&' before beat 46)
- 46 Step left foot to left approximately 4" (on beat 46), and bring right foot up to left of left foot (on '&' before beat 47)
- 47 Step left foot to the right approximately 4"
- 48 Brush right foot forward

**HOE-DOWN JAZZ SQUARES:**

- 49 On '&' before beat 49, hop on left foot . Cross right foot over left foot (on beat 49)
- 50 Step back on left foot
- 51 Step right on right foot
- 52 Brush left foot forward
- 53 On '&' before beat 53, hop on right foot . Cross left foot over right foot (on beat 53)
- 54 Step back on right foot
- 55 Step left on left foot
- 56 Touch right foot next to left foot

**SYNCOPATION STEPS:**

- 57 Touch right toe to right
- 58 Hold
- 59 On '&' before beat 59, step right foot next to left foot . Touch left toe to left (on beat 59)
- 60 Hold
- 61 On '&' before beat 61, step left foot next to right foot. Touch right foot to right (on beat 61)
- 62 On '&' before beat 58, step right foot next to left foot . Touch left toe to left (on beat 58)
- 63 On '&' before beat 63, step left foot next to right foot. Touch right foot to right (on beat 63)
- 64 Hold

**REPEAT**

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