

Double Take (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: Larry Carriger (USA) & Jody Carriger (USA)
音樂: Think It Over - The Tractors



Position: Closed Position, man facing FLOD, lady facing RLOD

TOE TOUCH, HOLDS

- 1-4 **MAN:** Touch left toe forward, hold, touch left toe back, hold
 LADY: Touch right toe back, hold, touch right toe forward, hold
- 5-8 **MAN:** Touch left toe forward, touch left toe back, touch left toe forward, touch left toe at right instep
 LADY: Touch right toe back, touch right toe forward, touch right toe back, touch right toe at left instep

STEP TOUCH, REPEAT, TURN TO FACE EACH OTHER IN DOUBLE HAND HOLD

- 9-12 **MAN:** Step forward left at 45 degree angle, touch right next to left, step forward right at 45 degree angle, touch left next to right
 LADY: Step back right at 45 degree angle, touch left next to right, step back left at 45 degree angle, touch right next to left
- 13-16 **MAN:** (Step in place while turning $\frac{1}{4}$ turn right) left, right, left touch right (man facing OLOD in double hand hold position)
 LADY: (Turn $\frac{3}{4}$ turn left) step right, left, right touch left (facing ILOD)

TOE,HOLD,HEEL,HOLD,CROSS STEPS, HOLD

- 17-20 **MAN:** Touch right toe at instep, hold, touch right heel forward, hold
 LADY: Touch left toe at instep, hold, touch left heel forward, hold
- 21-24 **MAN:** Step right behind left, step left, step right over left, hold
 LADY: Step left behind right, step right, step left over right, hold

STEP, HOLD, SHUFFLE TO FACE EACH OTHER, REPEAT

- 25-28 **MAN:** Step left, (turn $\frac{1}{4}$ right) hold, right, left, right shuffle (turn $\frac{1}{4}$ right) drop lady's left hand, man ends facing ILOD)
 LADY: Step right, (turn $\frac{1}{4}$ left) hold, left, right, left shuffle (turn $\frac{1}{4}$ left) drop man's right hand and turn under arms, end facing OLOD)
- 29-32 **MAN:** Repeat 25-28, end facing OLOD back in double hand hold
 LADY: Repeat 25-28, end facing ILOD back in double hand hold

TOE, HEEL,SWIVEL STEP, CROSS, REPEAT

- 33-36 **MAN:** Touch left toe at instep, left heel at instep, step left, step right over left(as you swivel on balls of feet)
 LADY: Touch right toe at instep, right heel at instep, step right, step left over right(as you swivel on balls of feet)
- 37-40 **MAN:** Repeat 33-36
 LADY: Repeat 33-36

FOUR SHUFFLES TRAVELING FORWARD LOD

- 41-44 **MAN:** Left, right, left shuffle, (turn $\frac{1}{4}$ left) right, left, right shuffle forward
 LADY: Right, left, right shuffle, (turning $\frac{3}{4}$ right) left, right, left shuffle (back into closed position)
- 45-48 **MAN:** Left, right, left shuffle forward, right, left, right shuffle forward
 LADY: Right, left, right shuffle back, left, right, left shuffle back

Man and/or lady may turn on these shuffles

REPEAT
