

Double Side Step

拍數: 20 牆數: 0 級數:
編舞者: Unknown
音樂: Rocket 2 U - The Jets



- 1 Right heel touch forward
- 2 Right foot close to left foot
- 3 Right heel touch forward
- 4 Right foot close to left foot

- 5 Right foot step forward
- 6 Left foot stomp to close to right foot
- 7 Left foot step left
- 8 Left toe touch to close to right foot

- 9 Left foot step left
- 10 Right toe touch to close to left foot
- 11 Right toe touch right
- 12 Right toe touch behind left foot in curtsy and clap

- 13 Right foot step right
- 14 Left toe touch behind right foot in curtsy and clap
- 15 Left foot step left
- 16 Right toe touch behind left foot in curtsy and clap

VINE TO THE RIGHT WITH ½ TURN TO THE RIGHT

- 17 Right foot step right
- 18 Left foot step behind right leg to the right
- 19 Right foot step ½ turn to the right
- 20 Left foot close to right foot

REPEAT

Option 1

Substitute two syncopated right kick, ball, change steps for Counts 1-4.

- 1-2 Right foot kick forward and touch back on ball of right foot and left foot step in place
- 3-4 Right foot kick forward and touch back on ball of right foot and left foot step in place

Option 2

On Counts 12 and 16, bring the right foot behind the left leg and slap the right heel with the left hand.
On Count 14, reverse the move and slap the left heel with the right hand.

Option 3

Make the following substitutions:

- 1 Right toe touch forward
- 2 Right toe touch backward
- 3 Right toe touch forward
- 4 Right toe touch backward
- 5 Right foot step forward
- 6 Left toe touch to close to right foot
- 7 Left toe touch to left

- 12 Right toe touch behind left foot

- 14 Left toe touch behind right foot

