Double S

級數: Beginner

拍數: 32 編舞者: Cherie Belle Johnson

音樂: Honey Do - Mike Walker

RIGHT AND LEFT STEP TOUCH, RIGHT STEP, SLIDE, STEP, TOUCH

- Step right to the right with a swaying motion 1
- 2 Touch left next to right
- 3 Step left to the left with a swaying motion
- 4 Touch right next to left
- 5 Step right to the right
- 6 Slide left next to right
- 7 Step right to the right
- 8 Touch left next to right

LEFT AND RIGHT STEP TOUCH, LEFT STEP, SLIDE, STEP, TOUCH

- Step left to the left with a swaying motion 1
- 2 Touch right next to left
- 3 Step right to the right with a swaying motion
- 4 Touch left next to right
- 5 Step left to the left
- 6 Slide right next to left
- 7 Step left to the left
- 8 Touch right next to left

BACK STEP SLIDES, KICKS

- 1 Step back on right
- 2 Slide left next to right
- 3 Step back on right
- 4 Kick left forward
- 5 Step back on left
- 6 Slide right next to left
- 7 Step back on left
- 8 Kick right foot forward

ROCK FORWARD, RETURN, STEP, TURN ½ TURN LEFT, KICK, BALL, CHANGE, STOMPS

- 1 Rock back on right
- 2 Return weight to left
- 3 Step forward on right
- 4 Turn ¹/₂ turn left on balls of both feet and end with weight on left
- 5 Kick right forward
- & Step on ball of right foot
- 6 Step on ball of left foot
- 7 Stomp right
- 8 Stomp left

REPEAT

On the sway/step slides-once you have the steps down, be creative. For the intermediate dancer, turns can be used or twisting the body at angles while stepping to the side and swaying.





牆數:2