Double Round



拍數: 32 編數: 4 級數: Intermediate

編舞者: Levi J. Hubbard (USA)

音樂: Save a Horse (Ride a Cowboy) - Big & Rich



Special thanks to Tonya Stark for driving this song into my head and for your continued friendship.

WALK FORWARD, MAMBO FORWARD, WALK BACKWARD, MAMBO BACKWARD

1	Step right foot forward					
2	Step left foot forward					
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3 Step (rock) right foot slightly forward, slightly lifting left foot off floor

& Shift weight back to left foot
4 Step right foot together
5 Step left foot backward
6 Step right foot backward

7 Step (rock) left foot slightly backward, slightly lifting right foot off floor

& Shift weight back to right foot

8 Step left foot together

SYNCOPATED CROSSOVERS (MOVING FORWARD), SIDE TOE TOUCH, ¼ TURN (RIGHT), ½ PIVOT (RIGHT)

9	Step (rock) right foot slightly out to side, while slightly lifting left foot off floor
9	Olop (100k) right 100t slightly out to sluc, while slightly litting lost 100t on 1100i

& Shift weight back to left foot10 Cross step right foot over left

11 Step (rock) left foot slightly out to side, while slightly lifting right foot off floor & shift weight

back to right foot

12 Cross step left foot over right 13 Touch right toe out to side

14 Turning ¼ turn right step right foot together

15 Step left foot forward

16 Pivot ½ turn right on (balls of) both feet

HIP WALKS FORWARD, SIDE ROCK & CROSS, 1/4 TURN (RIGHT), 1/2 TURN (RIGHT)

17	Step left foc	ot diagonally	forward while	pushina hip	forward

18 Push left hip forward again

19 Step right foot diagonally forward while pushing hip forward

20 Push right hip forward again

21 Step (rock) left foot slightly out to side, while slightly lifting right foot off floor

Shift weight back to right foot
 Cross step left foot over right
 Turning ¼ turn left, step backward
 Turning ½ turn left, step forward

½ PIVOT (LEFT), SHUFFLE FORWARD, FORWARD ROCK-RECOVER, ¾ SHUFFLE TURN (LEFT)

25 Step right foot forward

26 Pivot ½ turn left on (balls of) both feet 27&28 Shuffle forward stepping (right-left-right)

29 Step (rock) left foot forward, while slightly lifting right foot off floor

30 Lower left right foot back to floor (recover) 31&32 Shuffle ¾ turn left and step (left-right-left)

REPEAT

Styling: push both hands forward on counts 3 and 7, bring hands back on counts 4 and 8. Use your imagination like on counts 15 and 16 when lean slightly forward an roll your upper body around with the turn.