

Double R Rodeo

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Todd Lescarbeau (USA)
音樂: Rodeo Rock - Jimmy Collins



SIDE SHUFFLES, ROCK STEPS

1&2 Shuffle step right-left-right to right
3-4 Rock back on left foot, rock forward on right
5&6 Shuffle step left-right-left to left
7-8 Rock back on right foot, rock forward on left

SWIVEL WALK (DUCK WALK), KICK, STEP, ½ TURN RIGHT

&1 Step forward on ball of right foot (toes pointed 45 degrees to right), swivel or slide right heel to right
&2 Step forward on ball of left foot (toes pointed 45 degrees to left), swivel or slide left heel to left
&3&4 Repeat steps &1&2
&5-6 Repeat step &1 one more time, kick left foot forward (count 6)
7-8 Step forward on ball of left foot and pivot ½ (one-half) turn to right, stomp right foot forward.

SWIVEL-LOCK-STEP COMBINATION, STEP FORWARD, TOUCH

1-2 Step forward on ball of left foot (with heel turned in at a 45 degree angle), swivel (twist) heel out to left while dragging right foot up and to the left of left foot
3-6 Repeat steps 1,2 two more times
7-8 Step forward on left foot, touch right foot next to left.

SIDE SHUFFLES, ½ TURNS, CROSS-TURN, STOMPS

1&2 Shuffle to right side (right-left-right) and turn ½ (one-half) to right
3&4 Shuffle to left side (left-right-left)
5-6 Cross right foot behind left (no weight). Turn body ½ (one-half) to right (keep weight on left foot)
7-8 Stomp right foot in place, stomp left foot in place.

SIDE SHUFFLES, ½ TURNS, CROSS-TURN, STOMP

1&2 Shuffle to left side (left-right-left) and turn ½ (one-half) to left
3&4 Shuffle to right side (right-left-right)
5-6 Cross left foot behind right (no weight), turn body ½ (one-half) to left (keep weight on right foot)
7-8 Stomp left foot in place (keep weight on left foot), stomp right foot in place.

STOMP FORWARD, SNAP, SWING ROPE (HAND MOVEMENT), HIP BUMPS, ¼ (ONE-QUARTER) TURN RIGHT, TOUCH

1-2 Stomp right foot forward, raise left hand up snapping fingers
3-6 Swing hand in right circle as you bump hips back, forward, back, forward. (you are simulation the swing of a lariat)
7-8 Step forward on ball of left foot and turn ¼ (one-quarter) to right, touch right foot next to left.

HEEL FORWARD, TOE TAPS

1 Touch right heel forward (toe raised)
2-3-4 Tap toe three times (heel remains on floor)
&5 Quickly bring right foot to home position (&) touch left heel forward (toe raised)
6-7-8 Tap toe three times (heel remains on floor)

HEEL, TAP, AND HEEL, TAP, HEEL SWITCHES (AS IN "TUSH PUSH"), CLAP

- &1-2 Quickly bring left foot to home and touch right heel forward, tap right toe (heel remains on floor)
- &3-4 Quickly bring right foot to home and touch left heel forward, tap left toe (heel remains on floor)
- &5 Quickly bring left foot to home and touch right heel forward
- &6 Quickly bring right foot to home and touch left heel forward
- &7 Quickly bring left foot to home and touch right heel forward
- 8 (keep weight on left foot), clap hands

REPEAT
