

Double Jitters (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: Garth Bock (USA)
音樂: Jitterbug Boogie - Bill Wyman And The Rhythm Kings



Position: Couples in Right Side By Side Position

RIGHT STRUT, LEFT STRUT, RIGHT COASTER, HOLD

1-2 Right heel, right toe
3-4 Left heel, left toe
5-6 Back right, together left
7-8 Forward right, hold

LEFT STRUT, RIGHT STRUT, LEFT COASTER, HOLD

9-10 Left heel, left toe
11-12 Right heel, right toe
13-14 Back left, together right
15-16 Forward left, hold

JAZZ STEP ¼ RIGHT, CHASSE'

17-18 Step right forward, hold
19-20 Step left back turning ¼ right, hold
21-22 Step right to side, step left to side
23-24 Step right to side, hold

LEFT VINE, ¼ TURN STEP SLIDE STEP FORWARD

25-26 Step left to side, hold
27-28 Step right behind left, hold
29-30 Step left forward ¼ left, slide right next to left
31-32 Step left forward, hold

FORWARD WALK STEPS (OPTIONAL TURN)

33-34 Walk right, hold
35-36 Walk left - hold
37-38 Walk right, walk left
39-40 Walk right, hold

SWIVEL STEPS, STEP SLIDES

41-42 Swivel left, hold
43-44 Swivel right, hold
45-46 Step left forward, slide right next to left
47-48 Step left forward, brush right forward

REPEAT

Optional steps

33-35 (Lady's forward 3 step turn) as the man walk-hold-walk-hold (man drops lady's left hand) the lady steps forward on right, turns ½ left moving forward (leaving weight on right), turning ½ turn on right lady steps forward on left and holds
41-42 (For fun) on the swivels both hands released, man and lady raise right hand with index finger raised and shaking back and forth jitterbug style