

Double Dutch Bus

拍數: 26 牆數: 0 級數:
編舞者: Unknown
音樂: Black Sheep - John Anderson



- 1 Right foot step forward
- 2 Left toe touch to close to right foot
- 3 Left foot step backward
- 4 Right toe touch to close to left foot

KNEE ROLLS

- 5-6 Right knee roll to right side twice (circular motion)
- 7-8 Left knee roll to left side twice (circular motion)

- 9 Right toe touch and point to right
- 10 Right foot step to close to left foot
- 11 Left toe touch and point to left
- 12 Left foot step to close to right foot

- 13 Pivot on balls/toes of feet and swing heels to the left
- 14 Pivot on balls/toes of feet and return heels to starting position
- 15 Pivot on balls/toes of feet and swing heels to the right
- 16 Pivot on balls/toes of feet and return heels to starting position

- 17 Right toe touch forward
- 18 Right toe touch forward
- 19 Right toe touch backward
- 20 Right toe touch backward

- 21 Right foot step forward
- 22 Left foot step forward $\frac{1}{4}$ turn to the left
- 23 Right toe touch forward
- 24 Right toe touch backward

- 25 Right foot step forward
- 26 Left foot step to close to right foot

REPEAT
