

Double Dizzy (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver partner dance
編舞者: Larry Boezeman (USA) & Terri Boezeman (USA)
音樂: Dizzy - Scooter Lee



Position: Closed position

Adapted from line dance Dizzy choreographed by Jo Thompson

This is the man's footwork only. The lady will do Dizzy the line dance

ROCK STEP, COASTER STEP, ROCK FORWARD, ROCK BACK

1-2 Rock back on left, recover right
3&4 Step forward on left, step together with right, step back on left
5-6 Rock back on right, recover on left. (lead lady in full underarm turn with left hand)
7-8 Rock forward on right, recover on left. (return to closed position)

CROSS, SIDE, SAILOR SHUFFLE, CROSS, SIDE, SAILOR SHUFFLE

1-2 Step right across left, step left to left side
3&4 Step right behind left, step left to side, step forward on left
5-6 Step left across right, step right to right side
7&8 Step left behind right, step right to side, step forward on right

CROSS, SIDE, SHUFFLE BACK. FREE SPIN

1-2 Step right across left, step left to left side, turning $\frac{1}{4}$ turn to the right. (open position, single hand hold, man's left hand ladies right hand)
3&4 Shuffle back right, left, right
5-6 Rock back on left, recover right. (release hands)
7-8 Pivot $\frac{1}{2}$ turn to the right on right while stepping back on left. Pivot $\frac{1}{2}$ turn to the right on left while stepping forward on right. (rejoin hands)

SHUFFLE FORWARD, STEP $\frac{1}{2}$ TURN, SHUFFLE FORWARD, ROCK STEP

1&2 Shuffle forward left, right, left
3-4 Step forward on right, pivot $\frac{1}{2}$ turn to the left shifting weight to left
Man's left hand & ladies right hand still joined
5&6 Shuffle forward right, left, right
7-8 Rock forward on left, recover right. (return to closed position)

REPEAT
