

Double Diamond Cha Cha

拍數: 52 牆數: 0 級數:
編舞者: Pat Unsworth
音樂: I Should Have Been True - The Mavericks



Position: Sweetheart

ROCK, RECOVER, CHA-CHA-CHA

1 Step forward right
2 Step back left
3&4 Cha-cha-cha (right-left-right)

ROCK, RECOVER, CHA-CHA-CHA

1 Step back left
2 Step forward right
3&4 Cha-cha-cha (left-right-left)

CROSS, RECOVER, CHA-CHA-CHA

1 Cross right over left
2 Step back on left
3&4 Cha-cha-cha (right-left-right)

CROSS, RECOVER, CHA-CHA-CHA

1 Cross left over right
2 Step back on right
3&4 Cha-cha-cha (left-right-left)

CROSS, RECOVER, CHA-CHA-CHA

1 Cross right behind left
2 Step forward on left
3&4 Cha-cha-cha (right-left-right)

CROSS, RECOVER, CHA-CHA-CHA

1 Cross left behind right
2 Step forward on right
3&4 Cha-cha-cha (left-right-left)

STEP, PIVOT ½, CHA-CHA-CHA

1-2 Step forward right, pivot ½ turn left
(raise left hands, man goes under, drop right hands)
3&4 Cha-cha-cha (right-left-right)

STEP, PIVOT ½, CHA-CHA-CHA

1-2 Step forward left, pivot ½ turn right left hands still raised, man goes under)
3&4 Cha-cha-cha (left-right-left)

STEP, PIVOT ½, STEP WITH ¼ TURN, DOUBLE GRAPEVINE RIGHT

1-3 Step right, pivot ½ turn left (weight on left) (left hands still raised) step right pivot ¼ left
(weight on right, first step of double vine)
4 Step left behind right
5 Step right to right
6 Step left behind right

- 7 Step right to right
- 8 Brush left

GRAPEVINE LEFT

- 1 Step left with left
- 2 Step right behind left
- 3 Step left with left
- 4 Brush right

DOUBLE JAZZ BOX

- 1 Cross right foot over left
- 2 Step back on left
- 3 Step right
- 4 Step left
- 5 Cross right foot over left
- 6 Step back on left
- 7 Step right
- 8 Step left

REPEAT
