

Double Delight (P)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 0 級數: Partner
編舞者: Peggy Sue (USA)
音樂: Levantando las Manos - El Símbolo



Position: Sweetheart or Cape

FOUR SHUFFLES FORWARD (WITH FULL TURN FOR LADY, OPTIONAL)

1&2 BOTH: Shuffle forward right-left-right
& LADY: With weight on right, pivot ½ turn to right (now facing RLOD)
3&4 MAN: Shuffle forward left-right-left
LADY: Shuffle backward left-right-left
& LADY: With weight on left, pivot ½ turn to right (now facing LOD)
5&6 Both shuffle forward right-left-right
7&8 Both shuffle forward left-right-left

CROSS ROCK, COASTER, CROSS ROCK, COASTER

9-10 Crossing right over left rock forward onto right, replace weight back onto left
11&12 Step back onto right, step left next to right, step forward right
13-14 Crossing left over right rock forward onto left, replace weight back onto right
15&16 Step back onto left, step right next to left, step forward onto left

PADDLE TURN WITH FULL TURN TO LEFT

17-24 Push off with right foot, make a ¼ turn to left as you shift weight to left foot, repeat 3 more times to complete full turn (to the left) to left

Hands: drop left hands, lift right hands over man's head as you turn, then pick up left hands in front as you return to LOD, returning to Sweetheart Position

TURN ¼ LEFT, SIDE, BEHIND, TURN ¼ RIGHT, FORWARD, BRUSH

&25-26-27-28 With weight on left make a ¼ turn left to face ILOD, step to right side with right foot, cross left behind right, make a ¼ turn right to face LOD as you step forward onto right, brush left forward

TURN ¼ RIGHT, SIDE, BEHIND, TURN ¼ LEFT, FORWARD, BRUSH

&29-30-31-32 With weight on right make ¼ turn right to face OLOD, step left to left, cross right behind left, make ¼ turn left to face LOD as you step forward with left, brush right forward

REPEAT