

Double Cross

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rob Gent (CAN)
音樂: Heart's Desire - Lee Roy Parnell



TOE TOUCHES, WALK RIGHT LEFT, TURN ¼ AND TOUCH

- 1 Touch right toe across left foot (to approximately 11:30 o'clock)
- 2 Touch right toe to right side (to 3 o'clock)
- 3 Touch right toe across left foot (as in step 1.)
- 4 Touch right toe to right side (as in step 2.)
- 5 Step forward on right foot
- 6 Step forward on left foot
- 7 Pivot ¼ turn to right (changing weight to right foot)
- 8 Touch left toe to right instep

TOE TOUCHES, WALK LEFT RIGHT, TURN ¼ AND TOUCH

- 9 Touch left toe across right foot (to approx. 12:30 o'clock)
- 10 Touch left toe to left side (to 9 o'clock)
- 11 Touch left toe across right foot (as in step 9.)
- 12 Touch left toe to left side (as in step 10.)
- 13 Step forward on left foot
- 14 Step forward on right foot
- 15 Pivot ¼ turn to left (changing weight to left foot)
- 16 Touch right toe to left instep

HIP BUMP SEQUENCE (AS IN TUSH PUSH)

- 17 Step forward toward 1 o'clock (while facing 11 o'clock) and pushing hips to right
- & Keeping feet in place push hips to left (half beat)
- 18 Keeping feet in place push hips to right
- 19 Keeping feet in place push hips to left
- & Keeping feet in place push hips to right (half beat)
- 20 Keeping feet in place push hips to left
- 21 Keeping feet in place push hips to right
- 22 Keeping feet in place push hips to left
- 23 Keeping feet in place push hips to right
- 24 Keeping feet in place push hips to left

VINE RIGHT, STOMP, HEELS TOE TO LEFT WITH A ¼ TURN

- 25 Step to right side with right foot
- 26 Cross left foot behind right foot
- 27 Step to right side with right foot
- 28 Stomp left foot beside right foot
- 29 Transfer your weight to your toes and swing heels to left
- 30 Transfer your weight to your heels and swing toes to left
- 31 Transfer your weight to your toes and swing heels to left
- 32 Transfer your weight to your heels and swing toes to left while turning ¼ to left

REPEAT

In steps 29-32, if you find it easier to take this sequence and make in one gradual ¼ turn, please do so.