

Double C Shuffle (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: Diane Jackson (UK)
音樂: Streets of Bakersfield - Dwight Yoakam



Position: Side by Side (Sweetheart) position. Both on same Footwork
Dedicated to Doug & Kay Cawston, Peter & Maureen Cooper (Best of Friends)

STEP LOCK STEP, STEP LOCK STEP, ROCK STEP, HALF TURN SHUFFLE

1&2 Step forward of left, slide right up behind left, step forward on left
3&4 Step forward on right, slide left up behind right, step forward on right
5-6 Rock forward on left, recover onto right release right hands, take left over man's head
7&8 Shuffle left-right-left turning left ½ turn to face RLOD

STEP ¼, STEP ¼, STEP LOCK STEP, STEP LOCK STEP

9-10 Step forward on right pivot ¼ turn left on left
11-12 Step forward on right pivot ¼ turn left on left (LOD, back in side by side)
13&14 Step forward on right, slide left up behind right, step forward on right
15&16 Step forward on left, slide right up behind left, step forward on left

ROCK STEP, HALF TURN SHUFFLE, STEP ¼, STEP ¼

17-18 Rock forward on right, recover onto left release left hands, take right hand over lady's head
19&20 Shuffle right-left-right turning right ½ turn to face RLOD
21-22 Step forward on left, pivot ¼ turn right on right
23-24 Step forward on left, pivot ¼ turn right on right (LOD, back in side by side)

WINDMILL SHUFFLES TURNING LEFT (OR LADY ONLY TURNS LEFT)

25&26 Left shuffle forward (open up arms as you turn ¼ right to face OLOD)
27&28 Right shuffle forward turning ½ turn left ILOD (bring right arm over lady's head, release left)
29&30 Left shuffle back turning ½ turn left OLOD (pick up left, release right)
31&32 Right shuffle forward turning ¼ turn into LOD (pick up right hand, now back in side by side)

SIDE BEHIND, ½ TURN, ROCK STEP, SHUFFLE

33-34 Step left to left side, right behind left
Release right hands, take left over man's head rejoin in front, cross armed, right under left
35&36 Triple left-right-left turning ½ turn left to face RLOD
37-38 Rock back on right, recover onto left
39&40 Right shuffle forward

SIDE BEHIND, ½ TURN, ROCK STEP, SHUFFLE

41-42 Step left to left side, right behind left
43&44 Triple left-right-left turning ½ turn left to face LOD now back in side by side
45-46 Rock back on right, recover onto left
47&48 Right shuffle forward

REPEAT