

Double 'R' Rodeo

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Todd Lescarbeau (USA)
音樂: Rodeo Rock - Jimmy Collins



SIDE SHUFFLES, ROCK STEPS

1&2 Shuffle step right, left, right to right
3 Rock back on left foot
4 Rock forward on right
5&6 Shuffle step left, right, left to left
7 Rock back on right foot
8 Rock forward on left

SWIVEL WALK, KICK, STEP, ½ TURN RIGHT

& Step forward on ball of right foot toes pointed 45 degrees to right
9 Swivel right heel to right
& Step forward on ball of left foot toes pointed 45 degrees to left
10 Swivel left heel to left
& Step forward on ball of right foot toes pointed 45 degrees to right
11 Swivel right heel to right
& Step forward on ball of left foot toes pointed 45 degrees to left
12 Swivel left heel to left
& Step forward on ball of right foot toes pointed 45 degrees to right
13 Swivel right heel to right
14 Kick left foot forward
15 Step forward on ball of left foot and pivot ½ turn right
16 Stomp right foot forward

SWIVEL-LOCK STEP COMBINATION, STEP, TOUCH

17 Step forward on ball of left foot (with heel turned in at 45 degree angle)
18 Swivel (twist) heel out to left while dragging right foot up and to left of left foot
19 Step forward on ball of left foot (with heel turned in at 45 degree angle)
20 Swivel (twist) heel out to left while dragging right foot up and to left of left foot
21 Step forward on ball of left foot (with heel turned in at 45 degree angle)
22 Swivel (twist) heel out to left while dragging right foot up and to left of left foot
23 Step forward on left foot
24 Touch right foot next to left

SIDE SHUFFLES, ½ TURNS, CROSS-TURN, STOMPS

25&26 Shuffle to right side right, left, right and turn ½ to right
27&28 Shuffle to left side left, right, left
29 Cross right foot behind left (no weight)
30 Turn body ½ to right (make sure to keep weight on left leg)
31 Stomp right foot in place (keep weight on right)
32 Stomp left foot in place

SIDE SHUFFLES, ½ TURNS, CROSS-TURN, STOMPS

33&34 Shuffle to left side left, right, left and turn ½ to left
35&36 Shuffle to right side right, left, right
37 Cross left foot behind right (no weight)
38 Turn body ½ to left (make sure to keep weight on right leg)

- 39 Stomp left foot in place (keeping weight on left)
40 Stomp right in place

STOMP, SNAP, SWING ROPE WITH HIP BUMPS, ¼ TURN, TOGETHER

- 41 Stomp forward on right foot
42 Raise left hand up snap fingers
43-46 Swing hand in a right circle (you are simulating swinging a lariat) as you bump hips back, forward, back forward
47 Step forward on ball of left foot turning ¼ to right
48 Touch right foot next to left

HEEL, TOE TAPS, HEEL, TOE TAPS

- 49 Touch right heel forward (toe raised)
50-52 Tap toe three times
& Quickly bring right foot to home position
53 Touch left heel out (toe raised)
54-56 Tap left toe three times

HEEL, TAP, HEEL, TAP, HEEL SWITCHES, CLAP

- &57 Quickly bring left foot to home, touch right heel forward
58 Tap right toe
&59 Quickly bring right foot to home, touch left heel forward
60 Tap left toe
&61 Quickly step left foot to home, touch right heel forward
&62 Quickly step right foot to home, touch left heel forward
&63 Quickly step left foot to home, touch right heel forward (keep weight on left foot)
64 Clap hands once

REPEAT
