

Doo Dah!

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Fred Knopp (AUS)
音樂: Doodah - Cartoons



TRAVELING LEFT POP KNEES RIGHT-LEFT-RIGHT-LEFT, POP RIGHT KNEE, HOLD, POP LEFT KNEE, HOLD

- 1-2 Hop/step left & right to left side while popping right knee forward, step on right while popping left knee forward
3-4 Hop/step left & right to left side while popping right knee forward, step on right while popping left knee forward
5-6 Step on left while popping right knee forward, hold
7-8 Step on right while popping left knee forward, hold

LEFT SHUFFLE FORWARD, STEP RIGHT FORWARD WITH ½ TURN LEFT, STEP LEFT BACK, RIGHT SHUFFLE BACK, STEP LEFT BACK, PIVOT ½ TURN LEFT WITH WEIGHT ON RIGHT

- 9&10 Step forward on left, slide right next to left, step forward on left
11-12 Step forward on right with ½ turn left, step back on left
13&14 Step back on right, slide left next to right, step back on right
15-16 Step back on left, pivot ½ turn left with weight on right

LEFT ROCK/STEP BACK, RIGHT ROCK FORWARD, DOUBLE LEFT HIP BUMP FORWARD HEEL TOUCHES RIGHT, LEFT, RIGHT MOVING BACK, ½ TURN JUMP RIGHT WITH WEIGHT ON LEFT

- 17-18 Rock/step back on left, step forward on right
19&20 Step forward on left & bump hips forward to left 45 degrees, swing hips back, bump hips forward to left 45 degrees with weight on right (hip bumps are in an upward motion)
&21&22 Step back on left, touch right heel forward, step back on right, touch left heel forward
&23-24 Step back on left, touch right heel forward, jump a ½ turn right with weight on left

RIGHT KICK TOUCH SEQUENCE (HOP ON LEFT FOOT FOR COUNTS 25-32)

- 25-26 Kick right forward, touch right toe across in front of left
27-28 Kick right forward, touch right toe to left instep
29-30 Kick right forward, touch right toe across in front of left
31-32 Kick right forward, stomp right next to left weight on right

LEFT KICK TOUCH SEQUENCE (HOP ON RIGHT FOOT FOR COUNTS 33-40)

- 33-34 Kick left forward, touch left toe across in front of right
35-36 Kick left forward, touch left toe to right instep
37-38 Kick left forward, touch left toe across in front of right
39-40 Kick left forward, stomp left next to right weight on left

RIGHT SHUFFLE FORWARD, STOMP LEFT, RIGHT, LEFT MOVING FORWARD, HOP FORWARD WITH FEET TOGETHER, BODY ROLL UP

- 41&42 Step forward on right, slide left next to right, step forward on right
43&44 Stomp slightly forward on left, stomp slightly forward on right, stomp slightly forward on left
45-48 Hop forward with feet together on both feet, bend knees down, roll body up (weight on right)

REPEAT

On the 2nd, 4th and 5th rep of the dance there needs to be a restart after the first 32 counts of the dance. This is after the right kick touch sequence