Donna's Waltz (L/P)

級數: Improver line/partner dance

編舞者: Timothy Regester (USA)

音樂: Hopelessly Yours - Lee Greenwood & Suzy Bogguss

BASIC, FULL TURN

- 1-3 Step forward left, step forward right, step forward left
- 4-6 Step 1/2 turn to the left right, step 1/2 turn to the left left, step forward right

LEFT, SLIDE, RIGHT, SLIDE

拍數: 48

- 7-9 Step left at an 45 degree angle, slide right into touch (2 counts)
- 10-12 Step right at an 45 degree angle, slide left into touch (2 counts)

BASIC, ½ TURN

- 13-15 Step forward left, step forward right, step forward left
- 16-18 Step 1/2 turn to the right, step together left, step together right

BASIC, STEP, ROCK HIPS

- 19-21 Step forward left, step forward right, step forward left
- 22-24 Step right to right, rock hips left, rock hips right

1/4 TURN, 1/2 TURN

25-27 Step 1/4 turn to the left, step forward, step forward left 28-30 Step ¹/₂ turn to the right, step together, step together right

BASIC, FULL TURN

- 31-33 Step forward left, step forward right, step forward left
- 34-36 Step 1/2 turn to the right, step 1/2 turn to the left, step forward right

BASIC, STEP, ROCK HIPS

- 37-39 Step forward left, step forward right, step forward left
- 40-42 Step right to right, rock hips left, rock hips right

1/4 TURN, FULL TURN

- 43-45 Step back ¹/₄ turn to the left, step together right, step together left
- 46-48 Step 1/2 turn to the right, step 1/2 turn to the left, step forward right

REPEAT

PARTNER VERSION

Dance starts in cape position

On count 4 Lady will step in front of the Man to turn (Man will step in place) and will continue in Tandem Position until count 16

On count 16 both partners will turn, Man will be in front of Lady with hands at Man's waist until count 25 On count 25 partners will release right hands rejoining them on count 26. They will now be in reverse Cape Position

On count 28 partners will turn into Cape Position and continue in this position until count 34 On count 34 Lady will step in front of the Man to turn (Man will step in place), and will continue in Tandem Position until count 43

On count 43 partners will step into Cape Position

On count 46 Lady will step in front of the Man to turn (Man will step in place), and will continue in Tandem Position

Dance will start over with partners in Tandem Position and will continue as described above





牆數:2