

Done That!

拍數: 48 牆數: 1 級數: Intermediate
編舞者: Steve Yoxall (UK)
音樂: Been There - Clint Black & Steve Wariner



& ¼ TURN SWEEP CROSS; SIDE; SYNCOPATED WEAVE ENDING WITH ¼ TURN RIGHT; LEFT SHUFFLE; STEP, ½ PIVOT, STEP

- &1 Sweep left toe to right while making ¼ turn right, left step across front of right
- 2 Right step to right side
- &3 Left step behind right, right step to right side
- &4 Left step across front of right, right step to right side
- &5 Left step behind right, right step to right making ¼ turn right
- 6&7 Left step forward, right close to back of left, left step forward
- 8&1 Right step forward, pivot ½ turn left, right step forward

LEFT AND RIGHT LOCK SHUFFLES ON DIAGONALS; STEP; FULL TURN; STEP

Really travel diagonally forward on lock shuffles to make up ground traveled on weave

- 2&3 Left step forward on left diagonal, right lock behind left heel, left step forward
- 4&5 Right step forward on right diagonal, left lock behind right heel, right step forward
- 6 Left step forward
- 7-8 Right step forward making full turn left on ball of foot, left step forward

KICK, CROSS, POINT BACK; KICK, CROSS, POINT BACK; POINT SWITCHES; ¼ TURN LEFT

- 1&2 Kick right forward, step right across front of left, extend and touch left toe back
- 3&4 Kick left forward, step left across front of right, extend and touch right toe back
- 5 Touch right toe to right side
- &6 Close right beside left, touch left to left side
- &7 Close left beside right, touch right to right side
- 8 Make ¼ turn left pushing weight back on to right leg (very extended fifth position)

SYNCOPATED HEEL SWIVELS; FUNKY HIP BUMPS; SYNCOPATED KICKS

- 1&2 On balls of feet swivel heels left, center, left
- &3&4 Bend knees slightly, push hips forward, push hips back, push hips forward at same time as straightening legs (weight on right)

Easier option:

- 3&4 Bump hips back, forward, back ending with weight on back foot
- 5&6& Kick left forward, close left beside right, kick right forward, close right beside left
- 7&8 Kick left forward, close left beside right, touch right heel forward

HEEL JACKS; CROSS; UNWIND ¾ TURN; JAZZ JUMP BACK; CLAP

- &1 Step right foot back and slightly to right side, touch left heel forward on diagonal
- &2 Step left back to center, cross step right foot over left
- &3 Step left foot back and slightly to left side, touch right heel forward on diagonal
- &4 Step right back to center, close left beside right (weight on left)
- 5-6 Cross right over left, unwind ¾ turn left (weight on left)
- &7-8 Step back right, left ending with feet apart, clap

HIP BUMPS; SAILOR SHUFFLES LEFT AND RIGHT

- 1-2 Bending knees and leaning left (keep upper body straight!) Push hips to left, lean little bit more and push hips again!
- 3-4 Bending knees and leaning right (keep upper body straight) push hips to right, lean a little bit more and push hips again (these are meant to be slow sexy bumps)

5&6 Left cross behind right, right step to right side, left step forward slightly
7&8 Right cross behind left, left step to left side, right step forward slightly

REPEAT
