

Electric Bounce

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Pete Selwood (UK)
音樂: Electric Avenue - Eddy Grant



TOE STRUTS TO THE RIGHT, HEEL GRIND, ¼ TURN, ROCK

1-4 Toe strut right foot out to right, toe strut left foot across right
5-6 Grind right heel turning ¼ turn to right pivoting on left foot
7-8 Rock back on right recover on left

TOE STRUTS FORWARD, ½-BOUNCING TURN

9-12 Toe strut forward right, left
13 Step right foot forward, bending knees with arms out to sides
14-16 Turn ½ left with arms out and tapping heels 3 times over 3 counts slowly straightening up body, weight on right foot

WEAVE LEFT, HEEL TAPS

17-19 Step left out to left, step right behind left, step left beside right
20-21 Step right across left, step left out to left
22-24 Tap right heel, and with arms down at sides raise hands up & down 3 times

WEAVE RIGHT, HEEL TAPS

25-32 Repeat steps 17-24 going right

TOE AND HEEL TAP, CROSS AND CLAPS, BACKWARD LOCK STEP

33-34 Tap right toe, tap right heel
35&36 Cross right over left and clap twice
37&38 Step back on left, lock right across left, step back on left
39&40 Step back on right, lock left across right, step back on right

ROCK ¼ TURN LEFT WITH HITCH, HIP BUMPS TWICE

41-42 Rock back on left recover on right
43-44 Step forward left, pivot ¼ turn left hitching right knee
45-46 Step right foot slightly out to right, bump hips twice, pushing hands out to the right with hip bumps
47-48 Bumps hips to the left pushing hands out to the left with hip bumps
49-64 Repeat steps 33-48

REPEAT
