

El Mediterraneo

拍數: 64 牆數: 1 級數: Intermediate
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音樂: El Mediterraneo - Yan Smit



FORWARD-IN-PLACE-BACKWARD, BACKWARD-IN-PLACE-FORWARD, FORWARD 1/8 TURN LEFT, PIVOT 1/8 TURN LEFT AND STEP SIDE, PIVOT 1/8 TURN LEFT AND STEP BACK, PIVOT 1/8 TURN LEFT AND STEP BACK, STEP IN PLACE, FORWARD

- 1&2 Step left forward, step right in place, step left backward
- 3&4 Step right backward, step left in place, step right forward
- 5&6 Step left forward with 1/8 turn left, pivot on left 1/8 turn left and step right to the right side, pivot on right 1/8 turn left and step left backward
- 7&8 Pivot on left 1/8 turn left and step right backward, step left in place, step right forward
- 9-16 Repeat 1-8

EXTENDED CROSS CHASSE IN A HALF CIRCLE, STEP TOUCH, STEP TOGETHER, CUBAN BREAK, KICK DIAGONAL., STEP TOUCH

- 17 Cross left foot over right (turning body toward left and begin a ½ turn left, extended in a half circle)
- & Step right to the right side
- 18 Cross left over right and continue in a half circle
- & Step right to the right side
- 19 Cross left over right and complete your half circle
- & Touch right to the right side (extended right leg & left knee bent)
- 20 Step right together
- 21&22 Step left forward, step right in place, step left together
- 23 Kick right down diagonally left
- 24 Touch right toe to the right side (extended leg)

REPEAT AND REVERSE STEPS

- 25 Cross right over left (turning body toward right and begin a ½ turn right, extended in a half circle)
- & Step left to the left side
- 26 Cross right over left and continue in a half circle
- & Step left to the left side
- 27 Cross right step over left and complete your half circle
- & Touch left to the left side (extended left leg and right knee bent)
- 28 Step left together
- 29&30 Step right forward, step left in place, step right together
- 31 Kick left down diagonally right
- 32 Touch left toe to the left side (extended leg)

SAILOR STEP, CROSS BEHIND, UNWIND, CUBAN BREAK, STEP FORWARD, SIDE TOUCH

- 33&34 Cross left behind right, step right to the right side, step left in place
- 35-36 Cross right behind left, unwind ½ turn right (keep weight on right)
- 37&38 Step left forward, step right in place, step left together
- 39-40 Step right forward, touch left to the left side (extended)

REPEAT 33-40 ON THE NEW WALL

- 41-48 Repeat 33-40 on the new wall

RIGHT SIDE CROSS CHASSE, STEP FORWARD, STEP IN PLACE, HEEL TOUCH FORWARD. LEFT SIDE CROSS CHASSE, STEP FORWARD, STEP IN PLACE, HEEL TOUCH FORWARD

- 49&50 Step left over right, step right to the right side, step left foot over right
51&52 Step right forward, step left in place, right heel touch forward
53&54 Step right foot over left, step left to the left side, step right over left
55&56 Step left forward, step right in place, left heel touch forward

FORWARD, PIVOT ¼ TURN RIGHT & TOUCH, STEP FORWARD X4

- 57&58 Step left foot in place, pivot on left ¼ turn right and touch right toe beside left, step right forward
59&60 Step left forward, pivot on left ¼ turn right and touch right toe beside left, step right forward
61&62 Same as 59&60
63&64 Same as 59&60

REPEAT

THE END

On the sequence 4 on the count 63, step left to the left side & touch right (extended right leg)
