

# El Bacalao

拍數: 32      牆數: 4      級數: Improver  
編舞者: Jos Slijpen (NL)  
音樂: El Bacalao - Julio Iglesias



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## MAMBO RIGHT, MAMBO LEFT, FORWARD SHUFFLE RIGHT, FORWARD MAMBO

8&1      Rock right out to right side, recover weight on left, step right beside left  
2&3      Rock left out to left side, recover weight on right, step left beside right  
4&5      Shuffle forward stepping right-left-right  
6&7      Rock forward left, recover weight on right, step left beside right (facing 12:00)

## BACK SHUFFLE RIGHT, TRIPLE $\frac{3}{4}$ TURN LEFT, MAMBO RIGHT, MAMBO LEFT

8&1      Shuffle back stepping right-left-right  
2&3      Left triple step on the spot turning  $\frac{3}{4}$  turn left stepping left-right-left  
4&5      Rock right out to right side, recover weight on left, step right beside left  
6&7      Rock left out to left side, recover weight on right, step left beside right (facing 3:00)

## SIDE SHUFFLE $\frac{1}{4}$ TURN RIGHT, SHUFFLE $\frac{1}{2}$ TURN RIGHT, SAILOR STEP TWICE

8&1      Step right to right side, close left beside right, make a  $\frac{1}{4}$  turn right stepping forward right  
2&3      Make in the shuffle  $\frac{1}{2}$  turn right stepping left-right-left (facing 12:00)  
4&5      Step right behind left, step left to left side, step right to right side  
6&7      Step left behind right, step right to right side, step left to left side

## FORWARD SHUFFLE RIGHT, FORWARD MAMBO LEFT, TRIPLE $\frac{3}{4}$ TURN RIGHT, FORWARD SHUFFLE LEFT

8&1      Step forward right, step left beside right, step forward right  
2&3      Rock forward left, recover weight on right, step left beside right  
4&5      Right triple step on the spot turning  $\frac{3}{4}$  turn right stepping right-left-right  
6&7      Step forward left, close right beside left, step forward left (facing 9:00)

**REPEAT**

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