El Apagon



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Linda Brown (USA) 音樂: El Apagón - Yuri



Pronounced "El Ah-pah-GOHN"

LEFT SIDE TOUCH, LEFT HOME, RIGHT SIDE TOUCH, RIGHT HOME, LEFT ROCK FORWARD & RECOVER, ½ TURN LEFT SHUFFLE

1-2 Left touch to left, left step home
3-4 Right touch to right, right step home
5-6 Left rock forward, right recover

7&8 Shuffle left, right, left as you turn ½ to left

Facing 6:00, weight on left

RIGHT ROCK FORWARD, RECOVER, SHUFFLE IN PLACE, LEFT SIDE TOUCH, LEFT HOME, RIGHT SIDE TOUCH, RIGHT FLICK WITH 1/4 TURN LEFT

9-10 Right rock forward, left recover 11&12 Shuffle in place, right, left, right 13-14 Left touch to left, left step home

15-16 Right touch to right, right flick while turning ¼ left

Facing 3:00, weight on left

RIGHT STEP FORWARD, HOLD, ¼ TURN LEFT, ¼ TURN LEFT WITH LEFT HOOK, LEFT FORWARD SHUFFLE, RIGHT FORWARD WITH ¼ TURN RIGHT, LEFT SIDE TOUCH

17-18 Right step forward, hold

19 Lift heels slightly and turn ¼ left

20 Lift heels slightly and turn 1/4 left while hooking left foot over right

Facing 9:00, weight on right

21&22 Shuffle forward left, right, left

23-24 Right step forward while turning ¼ right (facing 12:00), left touch to left

Facing 12:00, weight on right

WEAVE RIGHT, 1/2 TURN RIGHT, LEFT STEP FORWARD, 1/2 RIGHT PIVOT TURN, WALK, WALK

25-27 Cross left over right, step right to right, cross left behind right

28 Right step ¼ turn right

29-30 Left step forward, pivot ½ turn right while shifting weight to right

31-32 Walk forward left, right

Facing 9:00, weight on right

REPEAT

TAG

Between walls 3&4 you'll have four extra beats. Do a hip roll or shimmy your shoulders. Do whatever you want. Just make sure your weight is on the right and you're facing 3:00 so you can start with the left touch again.

TAG

Between walls 7&8, you'll have 16 extra beats. Try some Monterey turns, mambo steps, paddles, box steps, grapevines, etc. Do whatever you want. Just make sure your weight is on the right and you're facing 3:00 so you can start with the left touch again.