

18 Scuffs

拍數: 44 牆數: 0 級數:
編舞者: Sandy Nelson
音樂: Restless Kind - Travis Tritt



Position: begin in right side by side (sweetheart) same footwork for both

- 1 Step forward with right foot
- & Touch left toe out to left side and raise up onto balls of both feet (low lift)
- 2 Drop weight down onto both feet
- 3 Step forward with left foot
- & Touch right toe out to right side and raise up onto balls of both feet (low lift)
- 4 Drop weight down onto both feet
- 5-8 Repeat step 1-4

- 9 Step back with right foot (swing leg in small arc back)
- 10 Step back with left foot (swing leg in small arc back)
- 11 Step back with right foot (swing leg in small arc back)
- 12 Step back with left foot (swing leg in small arc back)

- 13 Step forward with right foot
- 14 Scuff left foot forward
- 15 Step forward with left foot
- & Scuff right foot forward
- 16 Scuff right foot forward
- 17-20 Repeat steps 13-16

RIGHT VINE, 2 SCUFFS

- 21 Step to right side with right foot
- 22 Cross left foot behind right foot and step
- 23 Step to right side with right foot
- & Scuff left foot forward
- 24 Scuff left foot forward

LEFT VINE, 2 SCUFF

- 25 Step to left side with left foot
- 26 Cross right foot behind left foot and step
- 27 Step to left side with left foot
- & Scuff right foot forward
- 28 Scuff right foot forward

RIGHT STROLL STEPS

- 29 Step forward with right foot
- 30 Slide left foot to outside of right foot (lock step)
- 31 Step forward with right foot
- & Scuff left foot forward
- 32 Scuff left foot forward

LEFT STROLL STEPS

- 33 Step forward with left foot
- 34 Slide right foot to outside of left foot (lock step)

35 Step forward with left foot
& Scuff right foot forward
36 Scuff right foot forward

RELEASE LADY'S LEFT HAND, RIGHT HANDS OVER LADY'S HEAD AS YOU ¼ TURN

37 Step forward with right foot
38 Step turning ¼ turn left (face OLOD)
39 Step right foot next to left foot
& Scuff left foot forward
40 Scuff left foot forward

KEEP RIGHT HANDS JOINED, OVER LADY'S HEAD ON ¼ TURN, REJOIN IN SWEETHEART POSITION

41 Step forward with left foot (small step to OLOD)
42 Step turning ¼ turn right (face LOD)
43 Step left foot next to right foot
& Scuff right foot forward
44 Scuff right foot forward

REPEAT
