

8 To 8

拍數: 48 牆數: 4 級數: Improver
編舞者: Michele Burton (USA)
音樂: Beat Me Daddy (Eight to the Bar) - Asleep at the Wheel



HEEL, HOOK, HEEL, HEEL, STEP, TAP, TAP, TAP

- 1-4 Right heel touch forward, right heel hook at left shin, right heel tap forward, right heel tap forward
5-8 Right foot step forward, left toe tap cross behind right foot, left toe tap cross behind right foot, left toe tap cross behind right foot

SIDE TOUCH, SIDE STOMP, SWIVEL RIGHT

- 1-4 Left step side left, right touch beside left, right step side right, left stomp down beside right
5-8 Swivel heels right, swivel toes right, swivel heels right, swivel toes to center

HEEL, HOOK, HEEL, HEEL, STEP, TAP, TAP, TAP

- 1-4 Left heel touch forward, left heel hook at right shin, left heel tap forward, left heel tap forward
5-8 Left foot step forward, right toe tap cross behind left foot, right foot toe tap cross behind left foot, right toe tap cross behind left foot

SIDE TOUCH, SIDE STOMP, SWIVEL LEFT

- 1-4 Right step side right, left touch beside right, left step side left, right stomp down beside left
5-8 Swivel heels left, swivel toes left, swivel heels left, swivel toes to center

STEP TOUCH, STEP TOUCH, STEP TOUCH, STEP TOUCH

- 1-4 Right step forward diagonal right, left touch beside right, left step back to center, right touch beside left
5-8 Right step back diagonal right, left touch beside right, left step forward to center, right touch beside left

FORWARD DIAGONAL VINE, HEEL SLAP, JAZZ BOX

- 1-4 Right step forward diagonal, left cross behind right, right step into ¼ turn right, slap outside of left heel with left hand
5-8 Left cross over right, right step back, left step side left, hold

Optional: Clap on count 8

REPEAT