

8 Second Ride

拍數: 40 牆數: 4 級數: Advanced
編舞者: Ron Kelly (USA) & Matt Tout (USA)
音樂: Summertime Blues - Alan Jackson



- 1-4 With weight on left, stomp right foot beside left four times
- 1-2 Step right to the right; kick side left with left
3-4 Step down on left beside right foot; kick side right with right foot
5-6 Step down on right beside left; kick side left with left foot
7-8 Step down on left as you pivot $\frac{1}{4}$ turn to right; kick forward with right foot
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- 1-2 Step next to left on right
1-2 Right foot takes place of left as left kicks back; kick forward with left
3-4 Kick back with left; pivot $\frac{1}{2}$ turn to left side on right, kick again with left
5-6 Kick back with left; pivot $\frac{1}{2}$ turn to left side on right, kick again with left
7-8 Step behind right with instep of left foot (third position); right foot crosses over left as you turn $\frac{1}{4}$ left
- 1-4 Turn slowly full turn; stomp right next to left on count 4
- 1-2 Bump hips right twice
3-4 Bump hips left twice
- 1-2 Step back on right; pivot $\frac{1}{2}$ turn on right foot to left side step down on left foot
3-4 Put hands on thighs and bend knees (like a squat); come up from knee bend and heel touch to right with right heel
5-6 Step side right with right foot; pivot $\frac{1}{2}$ turn on right foot to left side, step on left foot
7-8 Pivot $\frac{1}{2}$ turn on left foot to left side, step on right foot; pivot $\frac{3}{4}$ turn on right foot to left side, step on left foot
- 1-2 Scuff forward on right; step down on right
3-4 Scuff forward on left; step down on left

REPEAT
