

8 Days Of Christmas

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Karen Katrea (SG)
音樂: 8 Days of Christmas - Destiny's Child



KICK, OUT, OUT, IN, IN, SWIVEL ¼ RIGHT, HOOK, FORWARD SHUFFLE

- 1&2 Kick right out, step right out to the side and left out to the side
&3 Step right in and step left in
&4 Step right out and step left out
5&6 Swivel heels left-right-left on toes while turning ¼ right, on count 6 hook right leg over left shin
7&8 Forward right shuffle

¾ SIDE TOUCHES, CROSS-ROCK RECOVER TWICE, STEP, TOUCH, 1 ¼ RIGHT TRAVELING TURN, STEP

- 1-2 Turn ¼ right touching left to the side, turn ½ right touching left to the side
3&4& Cross-rock left over right, recover on right, cross-rock left over right, recover on right (like bouncing forth and back)
5-6 Step left to the side, drag-touch right beside left
7&8& Step right to the side turning ½ right, step left to the side turning ½ right, step right to the side turning ¼ right, step left beside right

STEP AND ROCK BACK (TWICE), PADDLE ¼ LEFT WITH HIP ROLLS, KICK RIGHT STEP BACK AND STEP FORWARD LEFT

- 1-2& Step right to the side, drag and rock back on left, recover on right
3-4& Step left to the side, drag and rock back on right, recover on left
5&6& Paddle right foot turning 1/8 left, twice (emphasize on rolling hips in circles)
7&8 Kick right diagonally across left, step right back, step left above right

SWIVEL ½ TURN RIGHT, SIDE-ROCK CROSS, TOE TOUCHES, TOUCH, ¼ LEFT TURN ROLLING HIP

- 1&2 Swivel heels right-left-right on toes turning ½ turn right (ending weight on left)
3&4 Rock right to the side, recover on left, cross right over left
5&6& Touch left to the side, step left beside right, touch right to the side, step right beside left
7 Touch left to the side
&8 Roll hips to the left turning ¼ left, step down on left

REPEAT

TAG

Done on 7th wall (the break when they sing 'oh...' then the chorus starts again)

- 1-4 Walk right, left, right, left then start the dance all over again