

# 8 Days A Week

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Ros Brander-Stephenson (UK)  
音樂: Eight Days a Week - The Beatles



## SYNCOPATED VINE, ROCK RECOVER, SAILOR ¼ TURN LEFT

1-2            Step right to right side, cross left behind right  
&3            Step right to right side, cross left over right  
4-5            Rock right to right side, recover weight onto left  
6&7           Cross right behind left, step left ¼ turn left, step right in place  
8              Step left forward

## ROCK FORWARD RECOVER, ¾ TURN RIGHT, ROCK RECOVER, COASTER STEP

9-10           Rock forward on right, recover onto left  
11&12        Make ¾ turn right while stepping right, left, right (u turn)  
13-14        Rock forward on left, recover on right  
15&16        Step back on left, step right in place, step left in place

## FIGURE 8 GRAPEVINE RIGHT

17-18        Step right to right, step left behind right  
19-20        Step right to right making ¼ turn right, step left forward  
21            Pivot ½ turn right shifting weight to right foot  
22            Step forward on left, making ¼ turn right (facing front wall)  
23-24        Step right behind left, step left in place

## 2 RIGHT JAZZ BOXES WITH ½ TURN RIGHT

25-26        Step right over left, step back on left making ¼ turn right  
27-28        Step right to right side, step left in place  
29-32        Repeat steps 25-28

## KICK BALL CHANGE & CLAP TWICE

33&34        Kick right forward, step back on right, step back left  
35&36        Hold and then clap twice  
37&38        Kick left forward, step back on left, step back on right  
39&40        Hold and then clap twice

## 2 X HALF MONTEREY TURNS WITH CLAPS

41-42        Touch right to right, on ball of left pivot ½ turn right, bring right next to left  
43&44        Touch left to left side, while bringing left next to right, clap twice  
45-48        Repeat counts 41-44 (facing the back wall weight on right)

## DIAGONAL LEFT KICK BALL CHANGE TWICE, ROCK RECOVER, LEFT SAILOR

49&50        Kick left forward, step slightly forward on left, step right in place  
51&52        Repeat counts 49&50  
53-54        Rock left to left, recover on right  
55&56        Cross left behind right, step right to right side, step left in place

## ROCK RECOVER, ¾ TURN RIGHT, ROCK RECOVER, LEFT COASTER

57-58        Rock forward on right, recover on to left  
59&60        Make ¾ turn right, stepping right, left, right (u turn)  
61-62        Rock forward on left, recover on right

63&64

Step back left, step right beside left, step forward left

**REPEAT**

**RESTART**

**On the third and fifth wall only dance the first 32 counts then start again at the beginning**

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