

8 Days A Week

COPPERKNOB
BY STEPHEN HETS

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Tina Argyle (UK)
音樂: Eight Days a Week - The Beatles



Sequence: AB AB AAB AAB A

PART A

RIGHT DIAGONAL LOCK STEP TOUCH CLAP, LEFT DIAGONAL LOCK STEP TOUCH CLAP

- 1-4 Step forward right facing right diagonal, lock left behind right. Step forward right to right diagonal, touch left at side of right with clap
5-8 Repeat steps 1-4 leading with left to left diagonal

RIGHT CHASSE CROSS ROCK LEFT, LEFT ¼ TURN LEFT SHUFFLE, ROCK FORWARD RIGHT

- 9&10 Step right to right side, step left at side of right, step right to right side
11-12 Rock left over right, recover weight onto right
13&14 ¼ turn left stepping onto left, close right beside left, step forward left
15-16 Rock forward onto right, recover weight onto left

RIGHT COASTER STEP, LEFT ROCK FORWARD, LEFT COASTER STEP, ½ PIVOT TURN

- 17&18 Step back right, step back left, step forward right
19-20 Rock forward onto left, recover weight onto right
21&22 Step back left, step back right, step forward left
23-24 Step forward right, ½ turn left finishing weight on left

Coaster steps counts 17&18 and 21&22 can be replaced with full triple turns

TOUCH CROSS TWICE, TOE STRUTS BACK RIGHT, LEFT

- 25-26 Touch right toe to right side, cross right over left
27-28 Touch left toe to left side, cross over right
29-30 Touch right toe back, drop right heel to floor
31-32 Touch left toe back, drop left heel to floor

PART B

MONTEREY TURN RIGHT WITH TOUCH HOLD & CLAPS. REVERSE MONTEREY TURN LEFT WITH TOUCH HOLD & CLAPS

- 1-4 Touch right toe to right side, ½ turn right stepping onto right, touch left toe to left side, hold clap &4
5-8 Tap left toe where it is at left side, ½ turn left stepping onto left, touch right toe to right side, hold clap &8

STEP ½ PIVOT LEFT STEP, HOLD CLAP, CLAP, STEP ½ PIVOT RIGHT, STEP HOLD CLAP, CLAP

- 9-12 Step forward right, ½ pivot left. Step forward right. Hold clap twice
13-16 Step forward left, ½ pivot right. Step forward left. Hold clap twice

RIGHT SHUFFLE FORWARD, ½ TURN RIGHT, LEFT SHUFFLE BACK, 3 WALKS BACK HITCH & CLICK

- 17&18 Step forward right, close left beside right, step right forward
& ½ turn right on ball of right foot
19&20 Step back left, close right beside left, step back left
21-24 Walk back right, left, right, hitch left knee clicking fingers at shoulder height

STEP ½ TURN RIGHT HITCH, STEP KICK, LEFT SHUFFLE BACK, RIGHT ROCK BACK RECOVER

25-26 Step down left, ½ turn right on ball of left hitching right knee, clicking fingers at shoulder height

27-28 Step down right, kick left foot forward

29&30 Step back left, close right beside left, step back left

31-32 Rock back onto right, recover weight onto left
