

Edelweiss

拍數: 24 牆數: 2 級數: Improver
編舞者: Irene Groundwater (CAN)
音樂: Edelweiss - Ray Conniff



DIAGONAL BACK, SIDE, TOGETHER, SIDE, TOGETHER, TOGETHER

1-2-3 Left foot diagonally back to the right, side step right, step left beside right
4-5-6 Side step right, step left beside right, step right beside left

HIPS - FORWARD, BACK, FORWARD, HIPS - FORWARD, BACK, FORWARD

7-8-9 Left forward pushing left hip forward, push right hip back, push left hip forward (rocking steps)
10-11-12 Right forward pushing right hip forward, push left hip back, push right hip forward (rocking steps)

FORWARD, TOGETHER, BACK, BACK, DRAG, TOUCH

13-14-15 Left forward, step right beside left, left back
16-17-18 Right back, drag left foot towards right, touch left toe beside left instep

¼ TURN LEFT, PUSH OFFS TWICE (MAKING 1/8 TURN LEFT ON LEFT BALL EACH TIME), CROSS, SIDE, CROSS

19 Left forward making ¼ turn left on step
20-21 Push off right toe making 1/8 turn left on left ball twice
22-23-24 Cross right over left, side step left, cross right over left

Beginner option: on counts 19-24, make two ¼ turning shuffles to the left.

REPEAT

Option

19 Side step left pivoting ½ turn left on left ball
20 Side step right
21 Replace left foot (or side step left foot if you prefer)
