Eat At Joe's



拍數: 32 編數: 2 級數: Intermediate

編舞者: Sho Botham (UK)

音樂: Eat at Joe's - Suzy Bogguss



SIDE TOUCHES AND CHA-CHA BASIC

&1 Switch onto right touching left to left (long leg line)

2 Touch left next to right

3-4 Repeat counts 1,2 (without the `&' count and switch)

5-6 Step forward left, step in place right7&8 Shuffle on the spot left-right-left

CHA-CHA IN THE JAZZ STYLE

Styling note: Body faces right diagonal front throughout this section. left shoulder leads on counts 9 and 17 and right shoulder leads on count 13. The diagonally backward Jazz lean comes from the strength in the legs which allows you to keep the back straight ie not arched, and fully supported. Arms at side with relaxed hands or if you are wearing a hat try touching left hand to hat brim on counts 9 and 17 and grasp top of hat with right hand on count 13. This section looks great with a hat.

9 Step right across left in small jazz lunge to left diagonal front, head is over left shoulder and

looking up (in line with body but not tilted back), body leaning diagonally back to right

shoulder.

10 Step in place left, keeping body and head line as count 9

11&12 Shuffle right-left-right traveling slightly to right, head level and natural

13 Step left across right in small jazz lunge to right diagonal back (body still facing right diagonal

front), head over right shoulder and looking at floor

14 Step in place right, keeping body and head line as count 13

15&16 Shuffle left-right-left traveling slightly to left, head level and natural

CROSS STEP, STEP AND SLIDE, JAZZ BALL CHANGE AND THREE STEP TURN

17-18	Repeat counts 9 and 10
19-20	Long step right to right, slide left to touch next to right to face front
&21	Ball change left-right, feet apart and knees relaxed
22-24	Three steps (starting with left crossing behind right) making half a turn to left
25	Low kick right to right
26-30	Stroll to left, alternately crossing right in front and behind (step right across left, step left to left, step right behind left, step left to left etc finish weight on right)
31	Full turn on right to right (left knee low hitch)-options-if problems turning on one leg-spin on both feet or miss out turn and hold position

32 Step left in place or slightly forward

REPEAT