

Easy To Dance

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: James Knisell (DE)
音樂: Follow Me - Uncle Kracker



REVERSE SAILOR STEPS

1&2 Right foot cross in front of left foot, left foot step to the left, right foot step slightly to the right
3&4 Left foot cross in front of right foot, right foot step to the right, left foot step slightly to the left
5-8 Repeat 1-4

ROCK STEPS, ½ TURN SHUFFLES

1-2 Right foot rock forward, change weight back to left foot
3&4 Shuffle with ½ turn to the right (right, left, right)
5-6 Left foot rock forward, change weight back to right foot
7&8 Shuffle with ¼ turn to the left (left, right, left)

TOUCH & HEEL SWITCHES, ½ TURN, ¼ TURN

1&2 Touch right foot to the right side, bring feet together, touch left foot to the left
&3 Bring feet together, touch right heel forward
&4& Bring feet together, touch left heel forward, bring feet together
5-6 Right foot step forward, ½ turn to the left
7-8 Right foot step forward, ¼ turn to the left

STEP SLIDE, MAMBO STEP, SAILOR STEPS

1-2 Right foot big step to the right, left foot slide next to right foot (change weight on left foot)
3&4 Right foot step forward, change weight back to left foot, touch right foot next to left foot
5&6 Cross right foot behind left, step left foot to left side, step right foot slightly to right side
7&8 Cross left foot behind right, step right foot to right side, step left foot slightly to left side

REPEAT
