

East Side, West Side

拍數: 32 牆數: 4 級數:
編舞者: Marg Jones (CAN)
音樂: Get Yer Party On - The Baha Men



TOUCH, HITCH CROSS, TOUCH, HITCH, CROSS

1&2 Touch right toes to right, hop on left while hitching right across left, step on right across left
3&4 Touch left toes to left, hop on right while hitching left across right, step on left across right

STOMP, KICK, TURN; COASTER STEP

5&6 Stomp right down beside left; kick right to front; pivot ½ left on ball of left and bend right knee back at right angle (lower leg parallel to floor)
7&8 Step back on right; step back on left, step forward on right

WALK, WALK, ROCK, RECOVER, TURN ½ LEFT

9-10 Walk forward on left, right
11&12 Rock forward on left, recover on right while beginning ½ turn left completing turn, step forward on left

WALK, WALK, ROCK, RECOVER, TURN ¼ RIGHT

13-14 Walk forward on right, left
15&16 Rock forward on right, recover on left while beginning ¼ turn right completing turn, step forward on right

CROSSING LOCK STEP LEFT, CROSSING LOCK STEP RIGHT

17&18 Step forward to right diagonal on left, step right to left of left, step forward on left
19&20 Step forward to left diagonal on right, step left to right of right, step forward on right

SYNCOPATED JAZZ BOX TURN ¼ LEFT

21-22 Step left across right, step back on right, beginning ¼ turn left
23&24 Completing turn, step to left on left, quickly step right beside left, step left beside right

KICK, BALL, CROSS; KICK, BALL, CROSS

25&26 Kick right to front, quickly step right beside left, step left across front of right
27&28 Kick right to front, quickly step right beside left, step left across front of right

SYNCOPATED JAZZ BOX TURNING ¾ RIGHT (WITH TOUCH)

29-30 Step right across left, step back on left, beginning ¾ turn right
31&32 Completing turn, step right to right, quickly step left beside right, touch right beside left (weight remains on left)

REPEAT
