

The East Coast Hustle (P)

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 0 級數: Partner
編舞者: John Sandham (ES) & Janette Sandham (UK)
音樂: This One's Gonna Hurt You - Marty Stuart & Travis Tritt



Position: Sweetheart position

Steps given are for man. This is a mirror dance, with ladies on opposite feet

- 1-8 Man walk forward left, right, left, kick right in air (scoot)
Walk forward right, left, right, kick left in air (scoot)
- 9-12 Turn ¼ turn to face each other holding both hands step side left, cross right behind, step side left, cross right in front
- 13-20 Pivot to face away (on both feet), letting go of man's left, lady's right, and rejoin in back to back hold at the same time as the pivot bump hips forward twice, back twice, then forward, back, forward, back.
- 21-24 (Back to back) step right, slide left to right, step right making ¼ turn to man's right to face LOD, then touch left next to right
- 25-32 (Holding inside hands) step out left, kick out right, step in right, kick in left, step out left, kick out right, step in right, touch in left turning to face partner
- 33-40 Holding both hands & facing each other do an outside windmill turn on left shuffle, right shuffle (ladies remember you are on opposite foot) men are turning to their right, ladies to their left. Now break the hold with man's left, lady's right and continue turning lady a further full turn to left on left & right shuffle. You should now be facing LOD ready to start again

REPEAT