

Earthbound

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Earthbound - Rodney Crowell



STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF

1-4 Step forward right, lock left behind right, step forward right, scuff left
5-8 Step forward left, lock right behind left, step forward left, scuff right

STEP, ½ TURN LEFT, ½ TURN LEFT, HOLD, BACK, BACK, BACK, HITCH

1-4 Step forward right, while making ½ turn left step left in place, while making ½ turn left step right back, hold
5-8 Step back left, step back right, step back left, hitch right knee up

STEP, HITCH, STEP, HITCH, COASTER STEP, STEP

1-4 Step back right, hitch left knee up, step back left, hitch right knee up
5-8 Step back right, step left next to right, step forward right, step forward left

STOMP, CLAP, STOMP, CLAP, TOES, HEELS, HEELS, TOES

1-4 Stomp right forward, clap, stomp left next to right (slightly apart), clap
5-8 Fan toes out, split heels out, bring heels home, bring toes home

STOMP, HOLD, STOMP, HOLD, HIP BUMP 1/8 TURN, HIP BUMP 1/8 TURN

1-4 Stomp right forward, hold, stomp left forward, hold
5-6 Step forward on ball of right, while making 1/8 turn left bump hip right
7-8 Step forward on ball of right, while making 1/8 turn left bump hip right

SAILORS, ROCK RECOVER ¼ TURN RIGHT

1-3 Step right behind left, step left to left side, step right slightly right
4-6 Step left behind right, step right to right side, step left slightly left
7-8 Rock forward right, recover left while making a ¼ turn right

WEAVE RIGHT, HITCH, HOP, HOP

1-4 Step right to right, step left over right, step right to right, step left behind right
5-8 Step right to right, step left over right, while hitching right knee hop slightly to right, with knee still hitched hop slightly right

TOE STRUTS, TOES STRUTS MAKING ¼ TURN RIGHT

1-4 Step down in place on right toe, drop right heel, step left toe in place shoulder width apart from right, drop left heel
5-8 Making 1/8 turn right cross right toes over left, drop right heel, making 1/8 turn right step back on left toes, drop left heel

REPEAT
