Dutty Rock

拍數: 32

級數: Intermediate

編舞者: The Lady In Black (UK)

音樂: I'm Still In Love With You (feat. Sasha) - Sean Paul

SIDE SHUFFLE, PIVOT ¼ TURN WITH HIPS BUMPS, COASTER STEP, HITCH WITH HIP BUMPS, STEP

- 1&2 Step right to right side, step left next to right, step right to right side
- 3-4 (Keeping weight on right foot) roll hips twice to the left while turning 1/4 turn left
- 5&6 Step back on left, step right next to left, step left forward
- &7&8 Hitch right knee bump hips left, bump hips right, bump hips left, step forward on right

ROCK FORWARD, ROCK BACK, WITH HIP SWAYS, LOCK STEP, PIVOT ½ TURN, ROCK & CROSS TWICE

- 1-2 Rock forward on left with hips sway, rock back on right swaying hips back
- 3&4 Step forward on left, lock right behind left, step forward left
- &5&6 Pivot ¼ left on left, rock right to right side, recover weight on left, rock right across in front of left

&7&8 Recover weight on left, rock right to right side, recover weight on left, cross right in front of left **Restart one only after 16 counts on wall 3**

STEP $\mbox{\sc 14}$ TURN, WALK FORWARD, STEP OUT, OUT, PIVOT $\mbox{\sc 14}$ TURN, STEP CROSS, HEEL SWIVELS $\mbox{\sc 14}$ TURN WITH HIPS BUMPS, COASTER STEP

- 1-2 Step left forward 1/4 turn left, walk forward right
- &3-4 Step left to left side, step right to right side, pivot ¼ turn left (transfer weight to right)
- &5&6& Step left in place, cross right over left, on balls of both feet, swivel heels right turning ¼ turn left bumping hips right, on balls of both feet swivel heels left bumping hips left on balls of both feet swivel heels right turning ¼ turn left bumping hips right (keep weight on ball of right)
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- 7&8 Step back on left, step right next to left, step left forward

POINT HITCH, ROCK RECOVER, STEP BACK, TRIPLE ¾, COASTER STEP, STEP FORWARD

- 1&2 Point right to right side, hitch right knee, rock forward on right
- &3 Recover weight on left, step back on right
- 4&5 Triple ³⁄₄ turn over left shoulder stepping left, right, left
- 6&7 Step back on right, step left next to right, step forward on right
- 8 Step forward on left

REPEAT

RESTART Restart after 16 counts on wall 3





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牆數:4