

Dutty Rock

拍數: 32 牆數: 4 級數: Intermediate
編舞者: The Lady In Black (UK)
音樂: I'm Still In Love With You (feat. Sasha) - Sean Paul



SIDE SHUFFLE, PIVOT ¼ TURN WITH HIPS BUMPS, COASTER STEP, HITCH WITH HIP BUMPS, STEP

1&2 Step right to right side, step left next to right, step right to right side
3-4 (Keeping weight on right foot) roll hips twice to the left while turning ¼ turn left
5&6 Step back on left, step right next to left, step left forward
&7&8 Hitch right knee bump hips left, bump hips right, bump hips left, step forward on right

ROCK FORWARD, ROCK BACK, WITH HIP SWAYS, LOCK STEP, PIVOT ¼ TURN, ROCK & CROSS TWICE

1-2 Rock forward on left with hips sway, rock back on right swaying hips back
3&4 Step forward on left, lock right behind left, step forward left
&5&6 Pivot ¼ left on left, rock right to right side, recover weight on left, rock right across in front of left
&7&8 Recover weight on left, rock right to right side, recover weight on left, cross right in front of left

Restart one only after 16 counts on wall 3

STEP ¼ TURN, WALK FORWARD, STEP OUT, OUT, PIVOT ¼ TURN, STEP CROSS, HEEL SWIVELS ½ TURN WITH HIPS BUMPS, COASTER STEP

1-2 Step left forward ¼ turn left, walk forward right
&3-4 Step left to left side, step right to right side, pivot ¼ turn left (transfer weight to right)
&5&6& Step left in place, cross right over left, on balls of both feet, swivel heels right turning ¼ turn left bumping hips right, on balls of both feet swivel heels left bumping hips left on balls of both feet swivel heels right turning ¼ turn left bumping hips right (keep weight on ball of right)
7&8 Step back on left, step right next to left, step left forward

POINT HITCH, ROCK RECOVER, STEP BACK, TRIPLE ¾, COASTER STEP, STEP FORWARD

1&2 Point right to right side, hitch right knee, rock forward on right
&3 Recover weight on left, step back on right
4&5 Triple ¾ turn over left shoulder stepping left, right, left
6&7 Step back on right, step left next to right, step forward on right
8 Step forward on left

REPEAT

RESTART

Restart after 16 counts on wall 3