Dutchess Beguine



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Doug Miranda (USA) & Jackie Miranda (USA)

音樂: Begin the Beguine - The Limeliters



TWO 1/4 TURN HIP PIVOTS, ROCK FORWARD, RECOVER, 1/2 TURN RIGHT TRIPLE STEP

1-2 Step right forward while swaying right hip forward, turn ½ turn left swaying left hip to left

(weight on left)

3-4 Step right forward while swaying right hip forward, turn ½ turn left swaying left hip to left

(weight on left)

5-6 Rock forward right, back on left 7&8 ½ triple to the right right-left-right

TWO 1/4 TURN HIP PIVOTS, ROCK FORWARD, RECOVER, 1/2 TURN LEFT TRIPLE STEP

1-2 Step left forward while swaying left hip forward, turn ¼ turn right swaying right hip to right

(weight on right)

3-4 Step left forward while swaying left hip forward, turn ½ turn right swaying right hip to right

(weight on right)

5-6 Rock forward left, back on right 7&8 ½ triple to the left left-right-left

RIGHT SIDE ROCK, CROSS TRIPLE STEP, ¾ TURN RIGHT, SHUFFLE FORWARD LEFT-RIGHT-LEFT

1-2-3&4 Rock right to right side, recover onto left, cross shuffle right-left-right

5-6 Step left to left while making a ¼ turn right, step ½ turn right with right foot

7&8 Shuffle forward left-right-left (you should now be facing 9:00 wall)

RIGHT SIDE ROCK, CROSS TRIPLE STEP, ¾ TURN RIGHT, SHUFFLE FORWARD LEFT-RIGHT-LEFT

1-2-3&4 Rock right to right side, recover onto left, cross shuffle right-left-right

5-6 Step left to left while making a ¼ turn right, step ½ turn right with right foot

7&8 Shuffle forward left-right-left (you should now be facing 6:00 wall)

SWAY FORWARD, HOLD, SWAY BACK, HOLD, SWAY FORWARD & BACK, ½ TURN TRIPLE

1-2 Step forward right as you sway forward, hold3-4 Sway back on to left, hold (weight on left)

5-6 Step forward right and sway forward, sway back on to left

7&8 ½ triple to the right right-left-right

SWAY FORWARD, HOLD, SWAY BACK, HOLD, SWAY FORWARD & BACK, ½ TURN TRIPLE

1-2 Step forward left as you sway forward, hold3-4 Sway back on to right, hold (weight on right)

5-6 Step forward left and sway forward, sway back on to right

7&8 ½ triple to the left left-right-left

ROCK FORWARD AND BACK, ROCK BACK AND FORWARD, SKATE, HOLD, SKATE, HOLD

1-4	Rock forward on right, rock back on left, rock back on right, rock forward on left
5-6	At 45 degree angle to the right, skate right foot forward putting weight on right, hold
7-8	At 45 degree angle to the left, skate left foot forward putting weight on left, hold

ROLLING VINE TO RIGHT, BIG STEP LEFT, SLIDE & TOUCH

1-4 While turning a full turn (full turn) to the right, traveling right, step right, left, right, left

5 Take a big step with left to the left side 6-7 Slide right in next to left for 2 counts

REPEAT

TAG

When using Begin The Beguine By "The Limeliters" add the following 8 count after the 3rd wall of dance. You will be facing the 6:00 wall

1-2-3&4 Rock forward on right, rock back on left, triple in place right-left-right 5-6-7&8 Rock back on to left, rock forward on right, triple in place left-right-left