

Duma

COPPER KNOB
BY STEPHEN BRETZ

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Violet Ray (USA)
音樂: When You're Falling - Afro Celt Sound System



KICK BALL HEEL, BALL CROSS, HOLD, SIDE ROCK, RECOVER, CROSS, UNWIND ½ TURN RIGHT

1&2 Kick right foot forward, step ball of right foot next to left foot, tap left heel forward
&3-4 Step ball of left foot next to right foot, cross right foot over left foot, hold
5&6 Rock left foot out to left side, recover on right foot, cross left foot over right foot
7-8 On balls of both feet, unwind ½ turn to right, ending with weight on left foot (6:00)

KICK BALL HEEL, BALL CROSS, HOLD, SIDE ROCK, RECOVER, CROSS, UNWIND ½ TURN RIGHT

1&2 Kick right foot forward, step ball of right foot next to left foot, tap left heel forward
&3-4 Step ball of left foot next to right foot, cross right foot over left foot, hold
5&6 Rock left foot out to left side, recover on right foot, cross left foot over right foot
7-8 On balls of both feet, unwind ½ turn to right, ending with weight on left foot (12:00)

WALK, WALK, SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER, CROSS, ROCK, RECOVER

1-2 Step right foot forward, step left foot forward
&3-4 Rock right foot out to right side, recover on left foot, cross right foot over left foot
&5-6 Rock left foot out to left side, recover on right foot, cross left foot over right foot
7-8 Rock forward on right foot, recover on left foot

SHUFFLE BACK, ½ TURNING SHUFFLE, ½ TURNING SHUFFLE, ½ TURNING SHUFFLE

1&2 Step right foot back, step left foot next to right foot, step right foot back
3&4 Step left foot ¼ left (9:00), step right foot next to left foot, step left foot ¼ left (6:00)
5&6 Step right ¼ left (3:00), step left foot next to right foot, step right foot back ¼ left (12:00)
7&8 Step left foot ¼ left (3:00), step right foot next to left foot, step left foot ¼ left (6:00)

WALK, WALK, SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER, CROSS, ROCK, RECOVER

1-2 Step right foot forward, step left foot forward
&3-4 Rock right foot out to right side, recover on left foot, cross right foot over left foot
&5-6 Rock left foot out to left side, recover on right foot, cross left foot over right foot
7-8 Rock forward on right foot, recover on left foot

SHUFFLE BACK, ½ TURNING SHUFFLE, ½ TURNING SHUFFLE, ROCK, RECOVER

1&2 Step right foot back, step left foot next to right foot, step right foot back
3&4 Step left foot ¼ left (3:00), step right foot next to left foot, step left foot ¼ left (12:00)
5&6 Step right ¼ left (9:00), step left foot next to right foot, step right foot back ¼ left (6:00)
7-8 Rock back on left foot, recover on right foot

BALL POINT, HOLD, BALL POINT, HOLD, BALL CROSS, RECOVER, ¼ TURN SHUFFLE FORWARD

&1-2 Step ball of left foot next to right foot, point right foot to right side, hold
&3-4 Step ball of right foot next to left foot, point left foot to left side, hold
&5-6 Step ball of left foot next to right foot, cross rock right foot over left foot, recover on left foot
7&8 Turn ¼ right stepping on right foot, step left next to right foot, step right foot forward (9:00)

½ PIVOT TURN, STEP, HOLD, BALL POINT, HOLD, BALL POINT, HOLD

1-2 Step left foot forward, pivot turn ½ right ending with weight on right foot (3:00)
3-4 Step left foot forward, hold
&5-6 Step ball of right foot next to left foot, point left foot out to left side, hold

&7-8 Step ball of left foot next to right foot, point right foot out to right side, hold

REPEAT

RESTART

On the 9th repetition of the dance, dance the first 8 counts, then restart the dance
