

# Drown In A Bowl

**COPPERKNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Terry Mchugh (UK)  
音樂: Shine - Vanessa Amorosi



## SYNCOPATED CROSS ROCKS, ½ TURN LEFT, LEFT COASTER STEP

1&2      Rock forward on right across left, recover on left, rock back on right  
&3&4&      Recover on left, rock forward on right across left, recover on left, rock back on right, recover on left  
5-6      Cross right over left, swivel ½ turn left  
7&8      Step back on left, step right beside left, tap left beside right, (weight on right)

## 2 MODIFIED JAZZ BOXES

1-2      Step left to left side, step right beside left  
3&4      Step back on left, step back and to side on right, step left beside right  
5-6      Cross right over left, step back on left  
7&8      Step back and to side on right, step left beside right, step forward on right

## FORWARD ROCK, BACK LOCKS, SIDE POINTS, ¼ TURN LEFT

1-2      Rock forward on left, recover on right  
3&4      Lock steps back left, right, left  
5&6&      Point right toe to right side, step right beside left, point left toe to left side, step left beside right  
7&8&      Point right toe to right side, step right beside left, point left toe to left side, swivel ¼ turn left on right, hitch left knee

## FORWARD LOCKS, ¼ TURN LEFT, LEFT COASTER STEP

1-2      Step forward on left, step right behind left  
3&4      Lock steps forward left, right, left  
5&6      Step right to right side, step ¼ turn left on left, step right beside left  
7&8      Step back on left, step right beside left, step forward on left

## CROSS MAMBOS TWICE, SIDE TOGETHER, RIGHT CHASSE, ¼ TURN LEFT

1&2      Rock right to right, side, rock back on to left, cross right over left  
3&4      Rock left to left side, rock back on to right, cross left over right  
5-6      Step right to right side, step left beside right  
7&8      Chasse right, right, left, right, with ¼ turn left

## STEP FORWARD LEFT, RIGHT, LEFT ½ TURN RIGHT, STEP FORWARD ON RIGHT, FULL TURN LEFT, FORWARD MAMBO

1-2      Walk forward left, right  
3&4      Walk forward on left, swivel ½ turn right, step forward on left  
5-6      Step forward on right, with 1-2 turn left, step back on left with 1-2 turn left  
7&8      Step forward on right, rock back on left, step right beside left

## SLIDE BACK RIGHT, LEFT, LEFT COASTER STEP, ½ TURN LEFT, CROSS MAMBO

1-2      Slide back left, right, (moonwalk style)  
3&4      Step back on left, step right beside left, step forward on left  
5-6      Cross right over left, swivel ½ turn left  
7&8      Step left to left side, rock back onto right, cross left over right

**ROCK RIGHT, ROCK LEFT, LEFT CROSS SHUFFLE, ROCK LEFT ROCK RIGHT, STEP LEFT BEHIND  
RIGHT, STEP RIGHT & LEFT IN PLACE**

1-2 Rock on to right, rock back on to left

3&4 Cross shuffle left right, left, right

5-6 Rock on to left, rock back on to right

7&8 Step left behind right, step right to right side, rock back on to left

**REPEAT**

**RESTART**

**On wall 2 dance to count 48, then start dance again from the beginning**

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