

Drop Zone

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Tim Hand (USA)
音樂: You Dropped the Bomb On Me - The Gap Band



POINT, ¼ TURN LEFT, STEP BACK, ¼ RIGHT, STEP, CROSS BEHIND

- 1-2 Point left to left while pivoting ¼ to left (weight on right), bend right knee into a slight sitting position
3-4 Step left back, touch right next to left
5-6 Step right ¼ right (to original line of dance), touch left next to right
7-8 Step slightly forward to left with left foot, cross right behind left

SYCOPATED WEAVE TO LEFT, SHUFFLE LEFT

- &1-2 Step left to left, cross right over left, hold
&3-4 Step left to left, cross right behind left, hold
&5-6 Step left to left, cross right over left, hold
&7&8 Step left to left, cross right over left, step left to left, cross right over left

DROP PIVOT UNWIND TO LEFT, HEEL SWITCHES, STEP LOCKS

- 1-2 With legs crossed, bend knees to a slight squatting position, pivot ½ turn to left straightening body

Styling: While pivoting in squatting position, place hands on front of thighs, arms slightly out

- 3&4& (Weight on left) extend right heel forward, replace, extend left heel forward, replace
5-6 Step right forward, lock step left behind right
7&8 Step right forward, lock step left behind right, step right forward

STEP PIVOT, TURNING TRIPLE, ROCK, ¼ TURN, POINTS

- 1-2 Step left forward, pivot ½ turn to right
3-4 Right turning shuffle left, right, left
5-6 Rock right back, recover on left
7&8 Turning ¼ left point right to right, replace right next to right, point left to left

REPEAT
