

Drip

拍數: 48 牆數: 4 級數:
編舞者: Tina Hebert (USA)
音樂: 40 Days and 40 Nights - Tim McGraw



FORWARD, ¼ TURN, ROCK BACK AND ¾ TURN

- 1 Step forward on right foot
- 2 Step forward on left foot turning ¼ to the right (left side will be facing original wall)
- 3 Rock weight back to right foot
- 4 Cross left foot behind right foot
- 5-6 Turn ¾ to the right ending up with feet together facing original wall on count of 6

STEP APART AND BACK TOGETHER

- &7 Step left foot to left and then right foot to right ending up with feet spread apart
- &8 Step left foot to right and then right foot to left ending up with feet back together
- &1 Repeat &7 above
- &2 Repeat &8 above

RIGHT/LEFT TOE TOUCHES, SLAP, AND DIP/TWIST ON LEFT

- 3 Touch right toe to 3 o'clock position
- &4 Feet back together then touch left toe to 9 o'clock position
- &5 Feet back together then touch right toe to 3 o'clock position
- 6 Raise right foot behind and slap with right hand
- 7 Touch forward with right foot keeping weight on left foot
- 8 Stoop down and up on left leg (good place for style like a shoulder and body twist while doing this dip move)

Count 8 is a bounce or dip type move with style thrown in. It occurs on one count, but could also be written by breaking it down into a downward movement on &, followed by an upward movement on 8.

STEP OUT AND OVER

- 1 Shift weight forward to right foot
- 2 Touch left toe to 10 o'clock position (weight still on right foot)
- 3 Cross left foot in front of right
- 4 Touch right toe to 2 o'clock position
- 5 Cross right foot in front of left
- 6 Touch left toe to 10 o'clock position

FULL TURN WITH LEFT LEG OUT

- 7 Place left toe behind right foot and begin turning to right for full turn
- 8 Be ¾ through with turn on this count

- 1 Extend left leg to far left at end of turn
- 2 Drag left leg back

ELVIS KNEES, HEEL TOUCHES, ½ PIVOT TURN

- 3 Left elvis knee (lift left heel keeping toe in place while bending the left knee in front of the right knee)
- 4 Right elvis knee (reverse of above)
- 5 Touch right heel forward
- &6 Bring right foot back together then left heel forward
- &7 Bring left foot back together then step forward on right foot
- 8 Pivot ½ turn to left (facing back wall)

FULL PIVOT TURN, DIP, AND ELVIS KNEES

- 1 Step right foot forward
- 2 Pivot $\frac{1}{2}$ to the left
- 3 Pivot $\frac{1}{2}$ to the right
- 4 Dip down
- 5-6 Rise up while dragging left foot back together slowly (2 counts)
- 7 Right Elvis knee
- 8 Left Elvis knee

At count 1, a forward step on the right foot will extend the legs one pace apart. The pivots of counts 2 and 3 occur on the balls of the feet and thus, the distance between the left and right leg established in count 1 is maintained. Then, on counts 5 and 6, the left foot is brought slowly together with the right foot.

Counts 3 and 4 above are sometimes combined by bending at the waist on count 3 while pivoting $\frac{1}{2}$ to the right.

STEP LEFT, KICK AND TURNING SHUFFLE TO RIGHT, SAILOR SHUFFLE

- 1 Step left foot forward to 10 o'clock
- 2 Kick right to 10 o'clock
- 3&4 Right, left, right spin around to the right $\frac{3}{4}$ turn to new wall
- 5&6 Left sailor move

FINAL STOMPS

- 7 Stomp right
- 8 Stomp left

REPEAT
