

Expressions (P)

拍數: 52 牆數: 0 級數: Partner
編舞者: Bill Gallagher (UK)
音樂: The Vertical Expression (Of Horizontal Desire) - The Bellamy Brothers



Position: Closed Western Position - Man facing LOD

MAN'S STEPS

1-8 Touch left heel forward, touch left toe back, left shuffle forward, step forward right, rock back on left, step back on right, rock forward on left

9-16 Touch right heel forward, touch right toe back, right shuffle forward, step forward left, rock back on right, step back on left, rock forward on right

Raise left hand (lady's right) - man passing under raised hands

17-20 Walk forward on left then right, on the spot shuffle turning ½ turn left

You have now changed places and the lady is facing LOD in closed western

21-28 Step back on right, rock forward on left, step forward on right, rock back on left, right grapevine, touch left next to right

Release closed western hold

29-32 Rolling grapevine left, touch right next to left

Take up closed western hold

33-36 Step forward on right, rock back on left, step back on right, rock forward on left

Raise left hand (lady's right) - man passing under raised hands

37-44 Walk forward right then left, on the spot shuffle turning ½ turn left

You have now, changed places and are back in the start position

45-52 Step back on left, rock forward on right, left shuffle forward, walk forward right left, right shuffle forward

REPEAT

LADY'S STEPS

1-8 Touch right toe back, touch right heel forward, right shuffle back, step back left, rock forward on right, step forward on left, rock back on right

9-16 Touch left toe back, touch left heel forward, left shuffle back, step back right, rock forward on left, step forward on right, rock back on left

17-20 Walk forward on right then left, on the spot shuffle turning ½ turn right

You have now changed places and the lady is facing LOD in closed western

21-28 Step forward on left, rock back on right, step back on left, rock forward on right, left grapevine, touch right next to left

29-32 Rolling grapevine right, touch left next to right

Take up closed western hold

33-36 Step back on left, rock forward on right, step forward on left, rock back on right

37-44 Walk forward left then right, on the spot shuffle turning ½ turn right

You have now, changed places and are back in the start position

45-52 Step forward on right, rock back on left, right shuffle back, walk back on left, right, left shuttle back

REPEAT
