

Excuse Me

拍數: 64 牆數: 4 級數: Beginner
編舞者: Debra Jacobs (AUS) & Belinda Jacobs
音樂: Excuse Me I Think I've Got A Heartache - The Mavericks



ACROSS FRONT, ROCK BACK, ¼ TURN LEFT & FORWARD, PIVOT ½ TURN LEFT & BACK

- 1-2 Step left across in front of right, rock back onto right
- 3 Turning ¼ turn left step left forward
- 4 Pivot ½ turn left on ball of left foot and step right back

FORWARD, HOLD, SIDE, BACK; ACROSS FRONT, HOLD, BACK, SIDE

- 1-2 Step left forward, hold
- 3-4 Step right to right side, step left back
- 5-6 Step right across in front of left, hold
- 7-8 Step left back, step right to right side

FORWARD LOCK LEFT, BRUSH

- 1-2-3 Step left forward. Step right to lock behind left, step left forward
- 4 Brush right forward

FORWARD, ½ TURN LEFT, FORWARD, ¼ TURN LEFT

- 1-2 Step right forward, pivot turn ½ turn left on ball of left foot
- 3-4 Step right forward, pivot turn ¼ turn left on ball of left foot

Moving forward

RIGHT TOE/HEEL ACROSS FRONT, SIDE, ROCK; LEFT TOE/HEEL ACROSS FRONT, SIDE ROCK

- 1-2 Step forward and touch right toe across and in front of left, drop right heel to floor
- 3-4 Step left to the side, rock weight onto right
- 5-6 Step forward and touch left toe across and in front of right, drop left heel to floor
- 7-8 Step right to the side, rock weight onto left

Moving back

ACROSS BEHIND, POINT SIDE & CLICK, ACROSS BEHIND, POINT SIDE & CLICK, ACROSS BEHIND, POINT SIDE & CLICK ACROSS BEHIND, POINT SIDE & CLICK

- 1-2 Step right across behind left, point left toe to left side clicking fingers ear height
- 3-4 Step left across behind right, point right toe to right side clicking fingers at thighs
- 5-6 Step right across behind left, point left toe to left side clicking fingers ear height
- 7-8 Step left across behind right, point right toe to right side clicking fingers at thighs

FORWARD, ½ TURN LEFT, FORWARD ¼ TURN LEFT

- 1-2 Step right forward, pivot turn ½ turn left on ball of left foot
- 3-4 Step right forward, pivot turn ¼ turn left on ball of left foot

Moving forward

RIGHT TOE/HEEL ACROSS FRONT, SIDE, ROCK; LEFT TOE/HEEL ACROSS FRONT, SIDE, ROCK

- 1-2 Step forward and touch right toe across and in front of left, drop right heel to floor
- 3-4 Step left to side, rock weight onto right
- 5-6 Step forward and touch left toe across and in front of right, drop left heel to floor
- 7-8 Step right to the side, rock weight onto left

Moving back

ACROSS BEHIND, POINT SIDE AND CLICK, ACROSS BEHIND, POINT SIDE AND CLICK, ACROSS BEHIND, POINT SIDE AND CLICK, ACROSS BEHIND, POINT SIDE AND CLICK

- 1-2 Step right across behind left, point left toe to left side clicking fingers ear height
- 3-4 Step left across behind right, point right toe to right side clicking fingers at thighs
- 5-6 Step right across behind left, point left toe to left side clicking fingers ear height

7-8 Step left across behind right, point right toe to right side clicking fingers at thighs

ACROSS, UNWIND ½ TURN LEFT, FORWARD STRUT, TOE/HEEL, TOUCH

1-2 Step right across left, unwind turning ½ turn left, keeping weight on right

3-4 Step left heel forward, drop left toe

5-6 Step right toe in place, drop right heel

7-8 Touch left toe next to right, hold

REPEAT
